

Overcoming the Fear of Money:

Examining Your History with Money



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Mike Baehr

- History Prior to Trading:
 - 23 Years in United State Marine Corps
 - Curriculum Developer
 - BA in Accounting
 - MS in Forensic Accounting
- Trading History:
 - Started Trading in 2008
 - Began Day Trading in 2018
 - Join Bear Bull Traders in 2020
- Trading Strategies:
 - Break High of Day
 - Failed High of Day Break
- Hobbies:
 - Volunteer in the Local Community
 - Cooking
 - Running (Soccer Referee)



Overview

- Money Limit
- Understanding why you can't make money
- Universal intelligence



Money Limit

- Fail to Give Ourselves Permission to Make Money
- Wealth is not Greed
- Greed is a mindset of lack
- Effort does not equate to returns
- No such thing as too much



Why Can't You Make Money

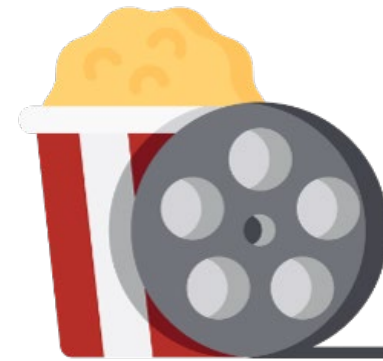
- Have you wished or made something happen
- External world is a mirror of Internal World
- Beliefs
 - Comfort Zone loves excuses
 - Protecting yourself from fears protects from life
- Words
 - Speak into existence
- Thoughts
 - Thoughts inspire actions



SUCCESS

Universal Intelligence

- The invisible world creates the visible world
- Thought
 - I can't afford to go on vacation and I don't see that changing anytime soon
 - Universe is like noted You can't afford it. Stuck at home it is
 - Mastering the mindset of wealth is choosing to think about money and your relation to money that will make you rich and not keep you poor



Exercise 1

- Give at least 10 reasons to each questions
 - Make a list of all the reasons why you deserve money
 - Make a list of some beautiful things that have happened in this world thanks to money
 - Make a list of all the awesome things and experiences money will add to your life
 - Make a list of how you being rich will benefit others.

Exercise 2

- List the 5 main things you remember your parents telling you about money
- Take any negative thoughts that came up for you in the question above and break them down
- Rewrite your new truths about money
- Find something that's not serving you that you've been scared to let go of because of the security it provides, and take the first step in letting it go

