

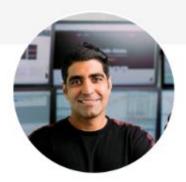
How to Trade Options for a Living

This presentation PDF can be downloaded at

www.BearBullTraders.com/MoneyShow

PRESENTED BY:

Andrew Aziz Brian Pezim MoneyShow Vegas Feb 2024



√ Following

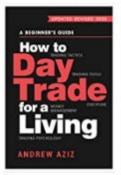
Follow to get new release updates and improved recommendations

About Andrew Aziz

Andrew Aziz (PhD) is a Canadian trader, proprietary fund manager, official Forbes Business Council member, investor, and #1 bestselling author. He has ranked as one of the top 100 authors in the "Business and Finance" category of Amazon for more than 5 consecutive years (2016-2021). His

· Read more

Andrew Aziz







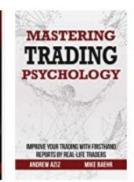
\$6.37 Kindle Edition



Kindle Edition



\$5,11 Kindle Edition



\$3.80 Kindle Edition

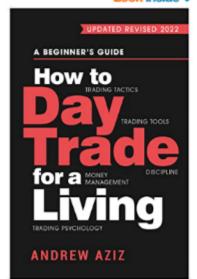


\$3.64 Kindle Edition

Kindle Store > Kindle eBooks > Business & Money

Kindle Edition

Look inside ↓



Audible sample

Follow the Author

How to Day Trade for a Living: A Beginner's Guide to Trading Tools and Tactics, Money Management, Discipline and Trading Psychology Kindle Edition

by Andrew Aziz Y (Author) Format: Kindle Edition

*** 13,136 ratings

#1 Best Seller in Commodities Trading

See all formats and editions

Kindle from \$2.99

Read with Our Free App

Audiobook 1 Credit

Hardcover \$23,99

1 Used from \$19.76 1 New from \$23.99

46 Used from \$7.36 19 New from \$15.98

Paperback

\$15.99

Very few careers can offer you the freedom, flexibility and income that active trading does. As a trader, you can live and work anywhere in the world. You can decide when to work and when not to work. You may only answer to yourself. That is the life of a successful day trader; but it is not easy to achieve and very few succeed.

In the book, I describe the fundamentals of day trading, explain how day trading is different from other styles of trading and investment, and elaborate on important trading strategies that many traders use every day. I've kept the book short so you can

Read more

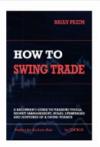


HOME

ALL BOOKS ABOUT

Most popular





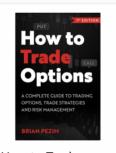
How To Swing Trade: A Beginner's Guide to Trading...

★★★★★ 2,785

Kindle Edition

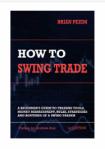
\$699

Top Brian Pezim titles for you



How to Trade Options: A complete guide to

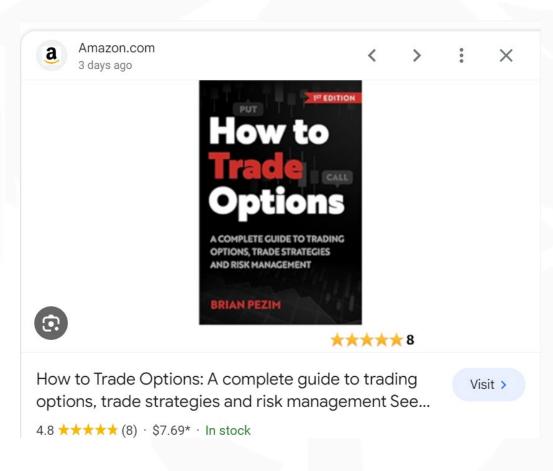




How To Swing Trade: A Beginner's Guide to Trading

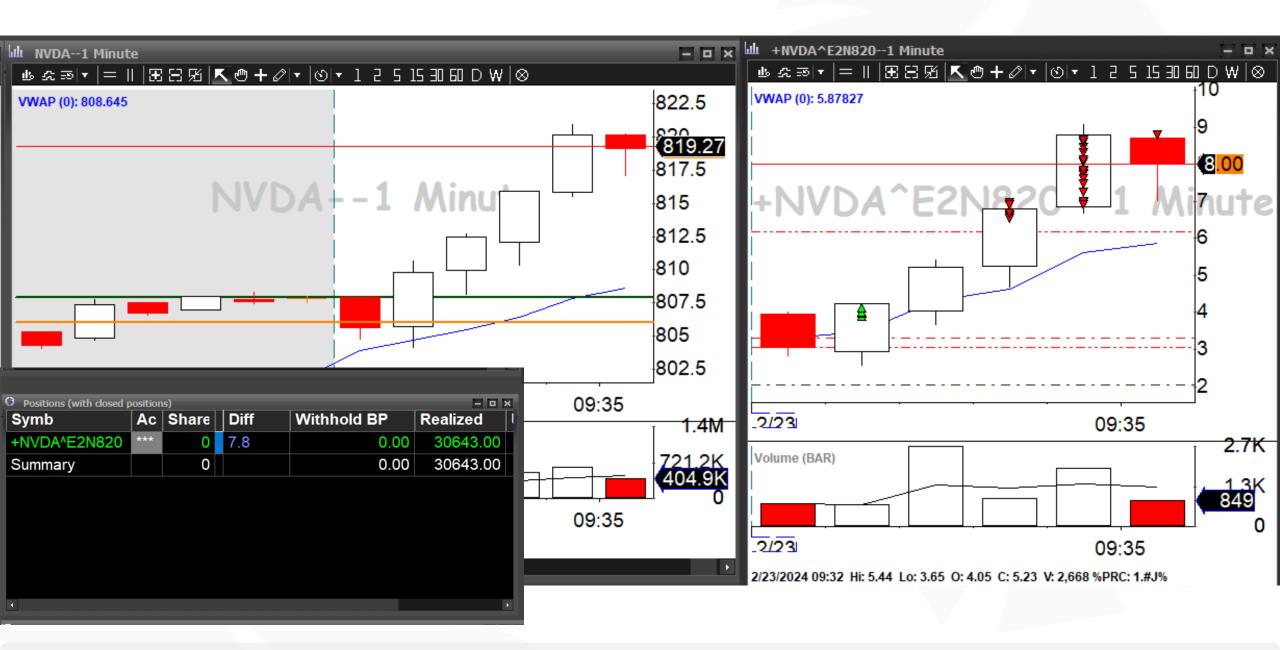
★★★★ 2.785













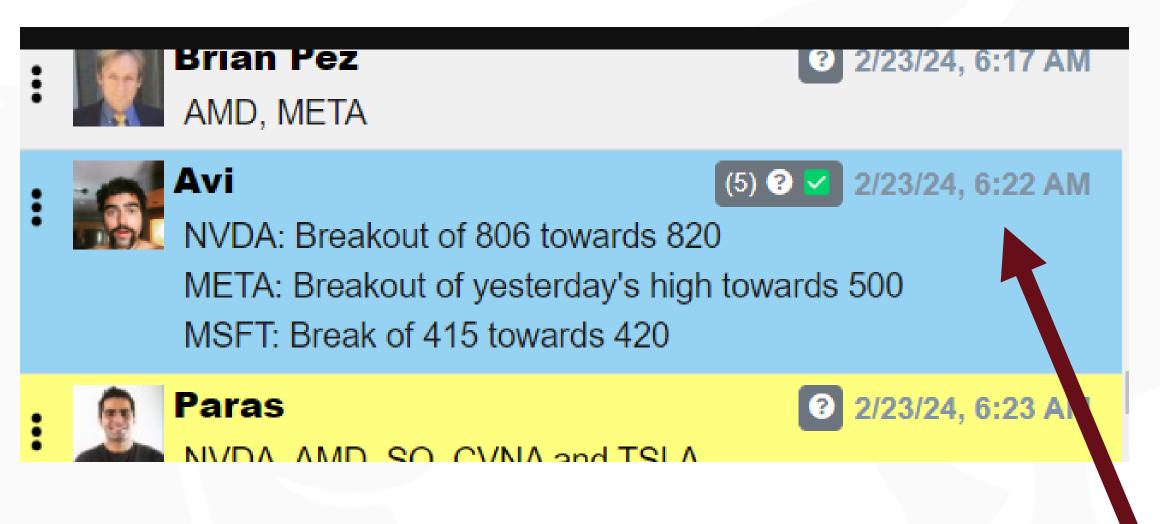
The beauty is that \$30k was made on a \$44k account! #OptionsTrading #DayTrading #bbtfamily @BearBullTraders

...





This morning plan (8 min before market open at 6:30am PT)



Two Sessions

Brian

- Options day trading and swing trading strategies
- Break 5 min

Andrew

3 day trading strategies that can be applied to options

Options Versus Stocks

- Option is a contract between a buyer and seller
 - Underlying security
 - Strike price
 - Expiry date
- A stock represents ownership in a company or some other assets
- Exposure to risk can be more or less depending on your options trade position
- Capital requirements for options can be much lower
- Trade timing can work against you with options due to contract expiry
- Options holders are not entitled to dividends but still might feel their impact



Why Use Options

Leverage

Example

MSFT trading at \$400 trading. Purchase 100 shares at a cost of \$40,000

or

MSFT \$410 calls expiring March 1st at a cost of \$270 per contract (100)

Assume MSFT moves to \$405 quickly.

MSFT shares are worth \$40,500 (1.25% gain)

Or

MSFT \$410 calls with a delta of 0.5 are worth \$520 (92.6% gain)



Why Use Options

Hedging

Think of this as an insurance policy.

Assume you bought META at \$400 and it is now trading at 480.

You think it has a lot higher to go but are concerned about a significant drop.

2 Options

- 1) Sell all or part of your position
- 2) Take out "insurance" and purchase the right to sell the shares by purchasing a put.

Many hedge funds will do this rather than sell their large holdings.

Downside is the stock will not drop and the put will expire worthless and like most insurance policies – it will go unused.



Why Use Options

Generating Income

Use your existing holdings as collateral and sell options to generate revenue

Covered call or put strategy discussed later.



The Greeks

Delta

A number that indicates how much an option price will move for every dollar move on the underlying security.

For a call option the delta will range from 0 to +1.0

For a put option the delta will range from 0 to - 1.0

Delta that are close to or "in-the-money" will have a value closer to 1 or -1

As volatility increases, so does the delta

The Greeks

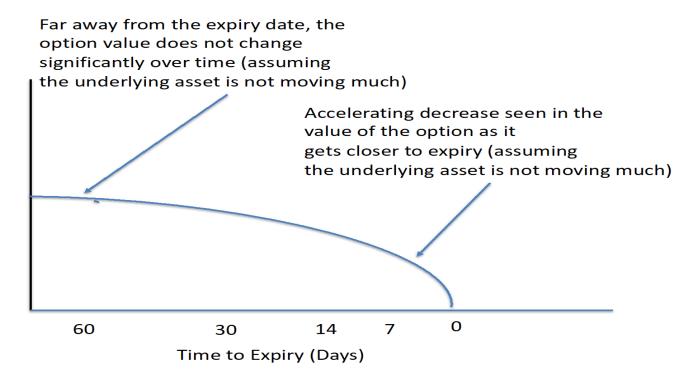
Theta

Recall options have an expiry date so as that date gets closer the value of the option will change

Example:

Theta of -0.10 Every day that passes means a \$0.10 drop in option price.

Value of Option (\$)



Buying Options (Calls or Puts)

Can be done whether you consider yourself a day trader, swing trader or position trader.

You need a thesis or argument as to why you think this is a good trade.

Can be based solely on technical analysis, fundamental analysis or both.

A trade has to be accompanied with a trading plan.

- Where will you stop out?
- Where will you take partial profits?
- Where will you exit the position for a profit?

Day Trading Buying Options (Calls or Puts)

Day trading is not an easy get-rich-quick proposition To day trade options, you need to learn to day trade first

What options do I use to day trade?

Indexes such as SPY, QQQ have daily options or "0DTE"

Many stocks have weekly options that expire on the Friday of each week such as AAPL, AMD, META ete.

Strike Price selected should be close to current share price Use securities that have a lot of liquidity



Buying Options - Coin day trade





Buying Call Options - COIN day trade

Stock trade:

Entry price ~\$81

Exit price ~ \$91

Resulted in a \$10 per share gain or about a 12% increase.

Option trade:

Entry price on \$81.00 Weekly calls \$2.50 or \$250 per 100 share contract.

Exit price when stock hit \$91 was \$10.50 or \$1,050 per 100 share contract.

Resulted in a \$8 gain in option price or about a 320% increase.



Buying Options - NVDA day trade



trade

Stock trade:

Entry price ~\$750

Exit price ~ \$775

Resulted in a \$25 per share gain or about a 3.3% increase.

Option trade:

Entry price on \$750 Weekly calls \$13.0 or \$1300 per 100 share contract.

Exit price when stock hit \$775 was \$32.0 or \$3,200 per 100 share contract.

Resulted in a \$19 gain in option price or about a 246% increase.



Buying Options - RIVN day trade





Buying Put Options – RIVN day trade

Stock trade:

Entry price ~\$12 short

Exit price ~ \$11 cover

Resulted in a \$1 per share gain or about a 10% increase.

Option trade:

Entry price on \$12 Weekly puts \$.35 or \$35 per 100 share contract.

Exit price when stock hit \$11 was \$1.0 or \$100 per 100 share contract.

Resulted in a \$0.65 gain in option price or about a 285% increase.



Day Trading Selling Options (Calls or Puts)

Why would I sell options when day trading?

When selling options, you are "the banker".

When buying options you pay both intrinsic and extrinsic value or in other words, a premium.

You are hoping to keep that premium and either buy options back at a lower price or let them expire worthless.

What options are good to sell on a day trade?

Indexes such as SPY, QQQ have daily options or "0DTE"

Many stocks have weekly options that expire on the Friday of each week such as AAPL, AMD, META ete.

Strike Price selected should be close to low of day

Use securities that have a lot of liquidity



Selling Options - QQQ day trade



Selling Put Options - QQQ day trade

Option trade:

Entry price on \$434 0DTE puts sold \$1.5 or \$150 per 100 share contract.

Exit price either partial cover at 50% (\$0.75) or let expire worthless. Set stop out price of \$1.80 or max of \$2.00

Alternative to go long QQQ

Entry price on \$434 0DTE buy call \$1.5 or \$150 per 100 share contract.

Exit price sell call \$3.30.

Set stop out price around \$1.00



Risk Reversal – QQQ day trade

Option trade:

Entry price on \$434 0DTE puts sold \$1.5 or \$150 per 100 share contract.

Exit price either partial cover at 50% (\$0.75) or let expire worthless. Set stop out price of \$1.80 or max of \$2.00

Use money from short put sale to go long QQQ Entry price on \$434 0DTE buy call \$1.5 or \$150 per 100 share contract.

Exit price sell call \$3.30.

Set stop out price around \$1.00



Swing Trading Options (Calls or Puts)

Swing trading is a type of trading in which you hold positions in stocks or other investments over a period of time that can range from one day to a few weeks or more.

What options do I use to Swing Trade?

Indexes such as SPY, QQQ have daily options

Many stocks have weekly and monthly options that expire on the Friday of each week or 3rd Friday of each month (such as AAPL, AMD, META ete.)



Swing Trading Options (Calls or Puts)

You need a thesis or argument as to why you think this is a good trade.

Can be based solely on technical analysis, fundamental analysis or both.

A trade has to be accompanied with a trading plan.

- What is your time horizon?
- Where will you stop out?
- Where will you take partial profits?
- Where will you exit the position for a profit?



Call Options Trade - NVDA Swing



Buying Call Options - NVDA swing trade

Stock trade:

Entry price ~\$200 buy February 22, 2023

Exit price ~ \$260 sell (May 19 before earnings release)

Resulted in a \$60 per share gain or about a 25% increase.

Option trade:

Entry price on \$200 calls expiring May 19th \$12.00 or \$1,200 per 100 share contract.

Exit price when stock hit \$260 calls were \$62.0 or \$6,200 per 100 share contract.

Resulted in a \$50.0 gain in option price or a +500% increase.



Buying Vertical Spreads

You can use this trade structure to lower the cost of your initial investment.

Vertical call spread involves buying a call closer to current price and then selling a higher strike priced call with the same expiry date.

Vertical put spread involves buying a put closer to the current price and then selling a lower strike priced put with the same expiry date.

The sale of the call or put brings in money to your account lowering the price of the option purchase.

However – this limits your profit if the trade works as expected.



Vertical Call Options Trade - MSFT





Buying Vertical Call Options - MSFT

Option trade January 25th:

Purchase - Entry price on \$230 calls expiring Feb 5th \$4.50 or \$450 per 100 shares.

Sale - Entry price on \$240 calls expiring Feb 5th at \$1.50 or \$150 per 100 shares

Net cost of trade is now \$3.00 per contract or \$300 per 100 shares.

This lowers the break-even cost of my trade but limits the upside profits.

Vertical Call Options Trade - BA



TRADERS

Buying Vertical Call Options - BA

Option trade January 25th:

Purchase - Entry price on \$240 calls expiring Aug 16th \$9.20 or \$920 per 100 shares.

Sale - Entry price on \$260 calls expiring Aug 16th at \$5.00 or \$500 per 100 shares.

Net cost of trade is now \$4.20 per contract or \$420 per 100 shares.

To be profitable I need BA to move up but the most I can make is \$20 less the \$4.20 paid for the option position.



Selling Vertical Spreads

As with all options trades, you can be a buyer of options or a seller.

You can take a position where you short the option that is close to the current price and then take a long option position further away from the price.

Being short an option exposes you to significantly more risk.

Buying an option further away from the price defines your risk but costs you so it reduces the potential profits in the trade.



Selling Vertical Call Options - META





Vertical Call - META

Option trade based on the assumption META is going to break out higher.

You are bullish on META

Potential trade:

Sell - Entry price on \$277.50 weekly put

Purchase - Entry price on \$270 weekly put

You are no longer exposed to a large potential loss due to the purchase of the lower priced put.

This lowers the break-even cost of my trade but limits the upside profits.



General Rules for Vertical Spreads

- With regard to strike prices, one strike price should be close to current price. The second option price should be at least two strikes away and at a level the makes sense based on technical analysis.
- When selling the OTM option, look to collect a minimum of 30% of the spread between the 2 options.
- Carefully monitor the trade. Do not permit your losses to grow by more than 50% of your initial investment.
- Once you are at a 50% profit position, consider taking partial profits



Covered Call or Put

- Used to generating revenue on an existing security holding
- The term covered means you currently hold the underlying security so you have no risk of loss.
- How does it work?
- You sell a call that is above the current price of an existing long holding or,
- You sell a put that is below the current price of an existing short position.

Covered Call - AAPL

Use your existing long holdings of AAPL as collateral and sell options to generate revenue



Covered Call - AAPL

Generate Income with AAPL holding

Trader is holding 100 shares of AAPL at \$180.

Assumptions on trade:

- 1) AAPL is done going down and has support at \$180
- 2) Resistance is expected at \$190 in the near term

A trader could sell \$190 calls expiring March 9 generating \$90 per contract Possible outcomes:

AAPL stays below \$190 to expiry and you keep \$90 premium

AAPL drops below \$180 and you continue to lose on the holding but call option loses value and you benefit

AAPL goes above \$190 and you either give up your shares and keep the profits or look to cover the call option at possibly a higher price

Covered Put - PYPL





Trading Pre-Earnings

Options are often used by traders and investors to bet on an earnings outcome because you can define your risk.

Option prices will almost always be elevated going into a known coming event in anticipation of price volatility.

Many choices for trade structures:

- 1) Buy a call or a put
- 2) Buy a call and a put at or very close to current price (same expiry)
- 3) Buy a call and a put both away from the current price (same expiry)
- 4) Buy vertical spreads to lower cost of trades but limiting profits

Trading Post-Earnings

Options can be used by traders and investors after an earnings release.

Wait for the reaction for several days.

Assume that the reaction to the event gets priced in after a short period.

Take an option trade by either shorting or using a vertical spread to reduce your risk at reduced profit.

Selling Call Options - AMZN



TRADERS

Selling Put Options - DKNG



Stock Replacement

Taking a position in an option of a security instead of purchasing the security itself.

Bullish bet – buy a call that is deep in the money (already below current price)

Bearish bet – buy a put that is deep in the money (already above current price)

Buying deep in the money because delta is close to 1



Stock Replacement - AAPL



TRADERS

Stock Replacement - AAPL

Option trade based on the assumption AAPL is going to break out higher.

You are bullish on AAPL

Potential security trade:

Buy shares - Entry price on \$179 for a cost of \$17,900 per 100 shares

Potential options trade:

Buy \$160 AAPL calls Nov 17th expiry for a cost of \$24.00 and a delta of 0.85

At target price of \$190:

Shares up \$11 (+6%)

Options up \$9 (+37%)



Trading Strategies Summary

- Buying calls and puts (day / swing / position trading)
- Selling calls and puts
- Risk Reversals
- Vertical Spreads
- Covered call and puts
- Earnings trades pre and post
- Stock Replacement



Options Trading

+

Trading for a Living



Options Strategies

Albatross Spread

Bear Butterfly Spread

Bear Call Spread

Bear Put Ladder Spread

Bear Put Spread

Bear Ratio Spread

Box Spread

Conversion & Reversal Arbitrage

Strike Arbitrage

Bull Butterfly Spread

Bull Call Ladder Spread

Bull Call Spread

Bull Condor Spread

Bull Put Spread

Bull Ratio Spread

Butterfly Spread

Calendar Call Spread

Calendar Put Spread

Calendar Straddle

Calendar Strangle

Call Ratio Backspread

Call Ratio Spread

Condor Spread

Covered Call Collar

Covered Call

Covered Put

Iron Albatross Spread

Iron Butterfly Spread

Iron Condor Spread

Reverse Iron Condor Spread

Short Albatross Spread

Short Bear Ratio Spread

Short Bull Ratio Spread

Long Call

Long Gut

Long Put

Long Straddle

Long Strangle

Naked Call Write

Naked Put Write

Put Ratio Backspread

Put Ratio Spread

Reverse Iron Albatross Spread

Reverse Iron Butterfly Spread

Short Butterfly Spread

Short Calendar Call Spread

Short Calendar Put Spread

Short Call

Short Condor Spread

Short Gut

Short Put

Short Straddle

Short Strangle

Strap Straddle

Strap Strangle

Strip Straddle

Strip Strangle

Synthetic Covered Call, Short

Straddle, and Straddle





Objective of this Class

What we learn....

- Learn about day trading (patterns that repeat often for a Living)
 - Only chart patterns and simple FREE indicators.
- Learn how to build a day trading system based on chart patterns
- Examples of two or three day-trading systems
- Examples of options trades



Objective of this Class

My assumptions is....

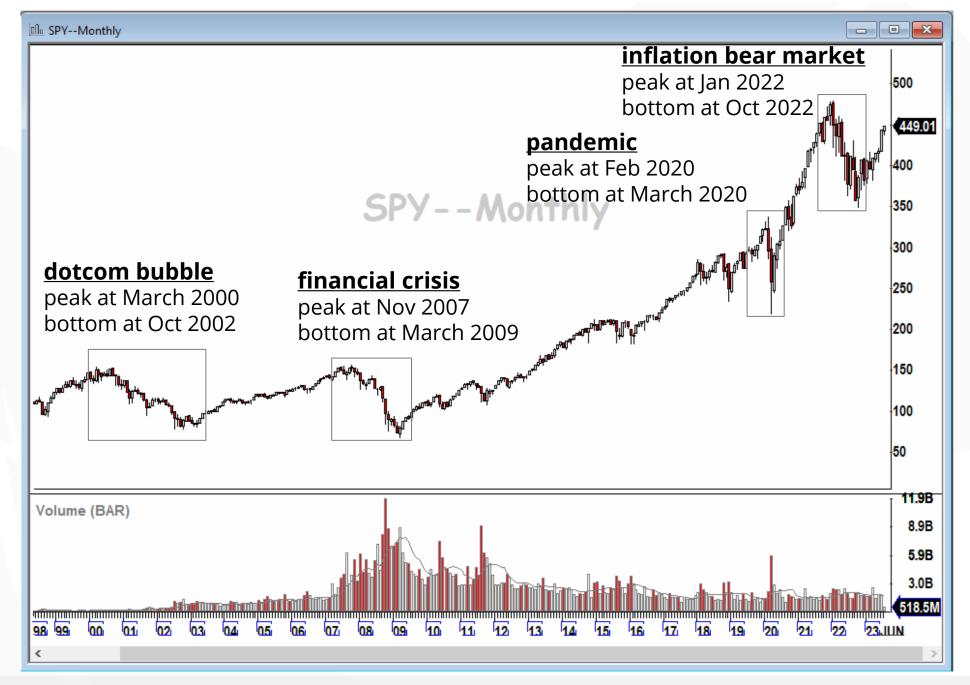
- You understand the basics of options trading
 - You know what a call or put option is.
 - You understand strike price, 0 DTE, expiry of options
 - You understand OTM, ITM, ATM
 - We do not enter greeks in this presentation!



What to Trade for a Living?

Instrument	Simplicity	Everyday Trading Opportunity	Capital Efficient	Safe	Day Trade
Stocks (shares)	Simple	Almost guaranteed daily volatility	No	Yes, regulated	Yes
Indexes (SPY/QQQ)	Simple	Not everyday volatility	No, yes if trade leveraged ETFs	Yes, regulated	Sometimes
Options	Complex	Not everyday volatility	Yes	Yes, regulated	Sometimes, only certain stocks
Crypto	Yes	No	Yes	No, cyber security issue, Exchanges bankruptcy (FTX etc)	Some days or weeks really good but mostly choppy and hard to actively trade
Forex	Yes	No	Yes	Yes	No







Outline

A) Some info Day Trading

Stocks vs Options and Basics

B) Overview of 2-3 Day Trading Strategies

- 1) Opening Range Breakout
- 2) 9/20 Reversal Day Trading
- 3) Bullish and Bearish Engulfing Cracks
- Examples of both shares and options day trading and execution



Day Trading

Can active <u>day trading</u> give us a better result than "<u>buy-and-hold</u>" strategy?

The validity of day trading as a long-term consistent and <u>uncorrelated source of income</u> for traders and investors has always been a matter of <u>debate</u>.

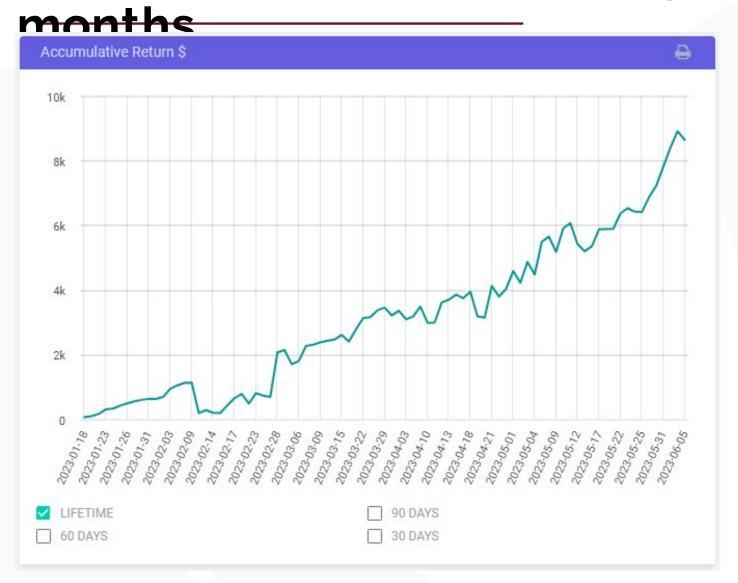
Megan Marlow Day Trading for a Living Story

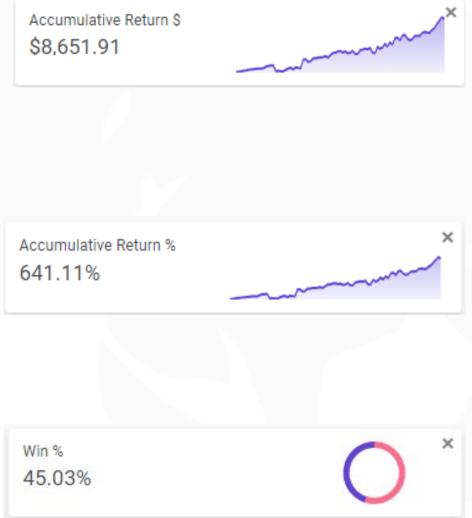
- History Prior to Trading
 - Professional Chef (Plant-Based)
 - Certified in Sports Nutrition
 - Product Manager @ Record Label
 - Currently Senior Day Trader at Peak Capital
- Trading History
 - ~ 1.5 years full time (started with my books)
- Trading Edges
 - Higher time frame levels ~ 5 to 30 min charts
 - Intraday options
- Hobbies
 - Trail running
 - Biohacking
 - Nerdy non-fiction books
 - Ice baths/cold plunges





\$1k Small Account Challenge: Results in 5





Day trading seems to be possible, but is it empirically or mathematically possible?



But are these really possible?





Theorem

Theorem: For every day trader, there exists at least <u>one strategy</u> that, when applied with consistency, patience, and discipline, leads to a positive expectancy that outperforms the traditional passive buy-and-hold strategy over time.







Authors and Collaborators for Research



Prof. Andrea Barbon

Professor of Finance University of St. Gallen Swiss Finance Institute Zurich, Switzerland



Carlo Zarratini

Concretum Research Formerly Quant at Blackrock Lugano, Switzerland



Andrew Aziz

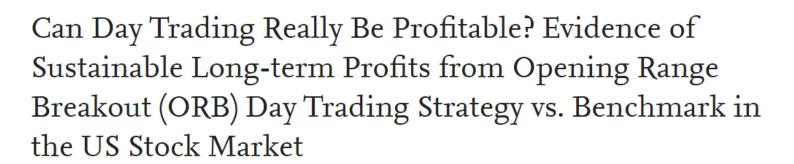
Peak Capital Trading Vancouver, Canada

Share:









18 Pages • Posted: 24 Apr 2023

Carlo Zarattini

Concretum Research

Andrew Aziz

Peak Capital Trading; Bear Bull Traders

Date Written: April 10, 2023

Abstract

The validity of day trading as a long-term consistent and uncorrelated source of income for traders and investors has always been a matter of debate. In this paper, we investigate the profitability of the well-known Opening Range Breakout (ORB) strategy during the period of 2016 to 2023. This period encompasses two bear markets and a few events with abnormal volatility.

Do you have a job opening that you would like to promote on SSRN?

Place Job Opening

Paper statistics

DOWNLOADS AE

ABSTRACT VIEWS RANK 19.590 834

PlumX Metrics



Related eJournals



Open PDF in Browser



Share:







Volume Weighted Average Price (VWAP) The Holy Grail for Day Trading Systems

26 Pages • Posted: 4 Dec 2023 • Last revised: 26 Dec 2023

Carlo Zarattini

Concretum Research

Andrew Aziz

Peak Capital Trading; Bear Bull Traders

Date Written: November 13, 2023

Abstract

This paper explores the application of the Volume Weighted Average Price (VWAP) in detecting market imbalances and enhancing trading decisions across diverse market conditions. We introduce a straightforward VWAP-based day trading strategy, which initiates long positions when price is above the VWAP and short positions when it falls below the VWAP. Our analysis employs QQQ and TQQQ as primary

Do you have negative results from your research you'd like to share?

Submit Negative Results

Paper statistics

DOWNLOADS ABSTRACT VIEWS RANK 8,434 14,300 1,358

1 Citations

12 References



REVIEW



A Profitable Day Trading Strategy For The U.S. Equity Market

25 Pages • Posted:

Carlo Zarattini

Concretum Research

Andrea Barbon

University of St. Gallen; University of St. Gallen

REVIEW

Andrew Aziz

Peak Capital Trading; Bear Bull Traders

Date Written: February 16, 2024

Abstract

The validity of day trading as a long-term consistent and uncorrelated source of income for traders and investors

Do you have negative results from your research you'd like to share?

Submit Negative Results

BYSSRN

REVIEW

Paper statistics

TINDER K

UNDER SSRN

REVIEW

REVIEW

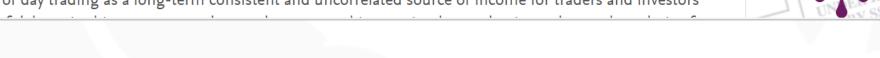
DOWNLOADS ABSTRACT VIEWS 2,724 3,180

EVIEW

PlumX Metrics







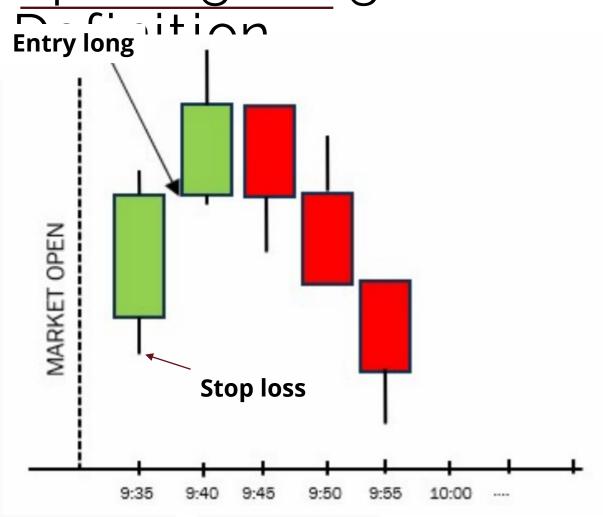
REVIEW

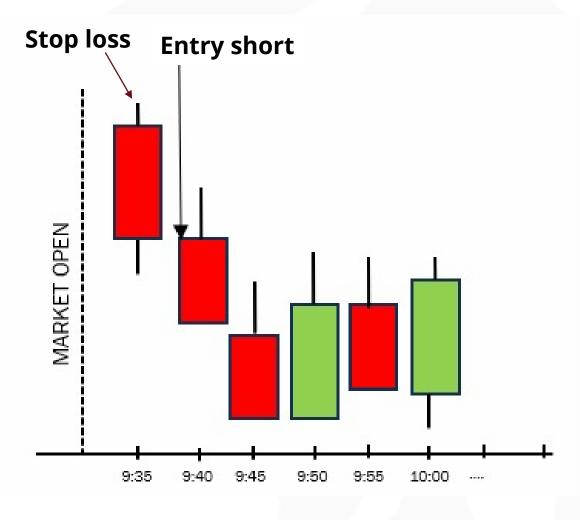
UNDER REVIEW

BYSSRN

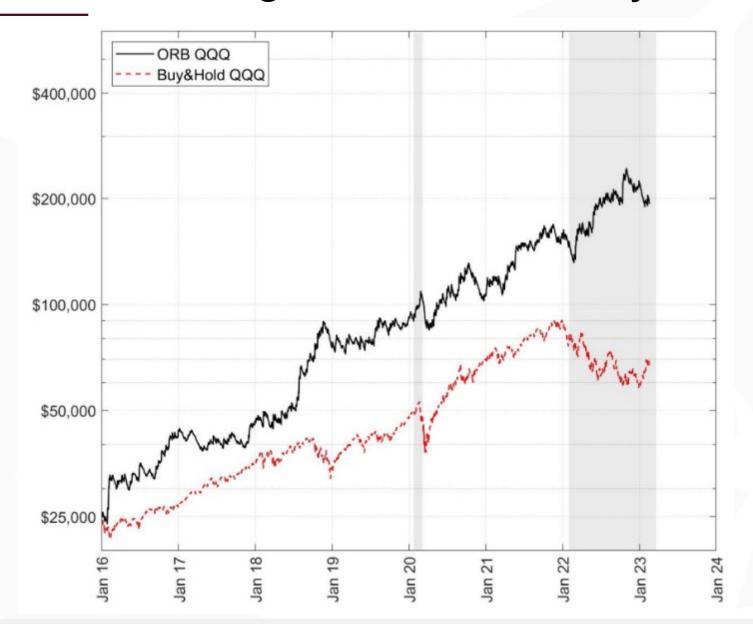
UNDER REVIEW

Opening Range Breakout System



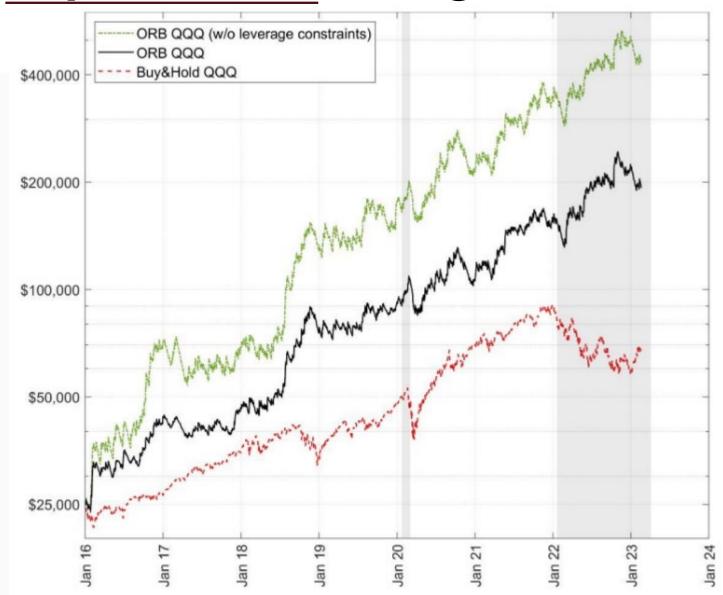


Day Trading QQQ (both long/short) vs QQQ (buy and hold)





Impact of Leverage!





Real Return can be achieved by using leverage!

How to add leverage:

- 1. Borrow money (friends, family, banks, LOC, mortgage, credit card etc).
- 2. Margin: Borrow money from broker (usually limits leverage to 4).
- **3. Trade derivative** products: options or leveraged ETFs

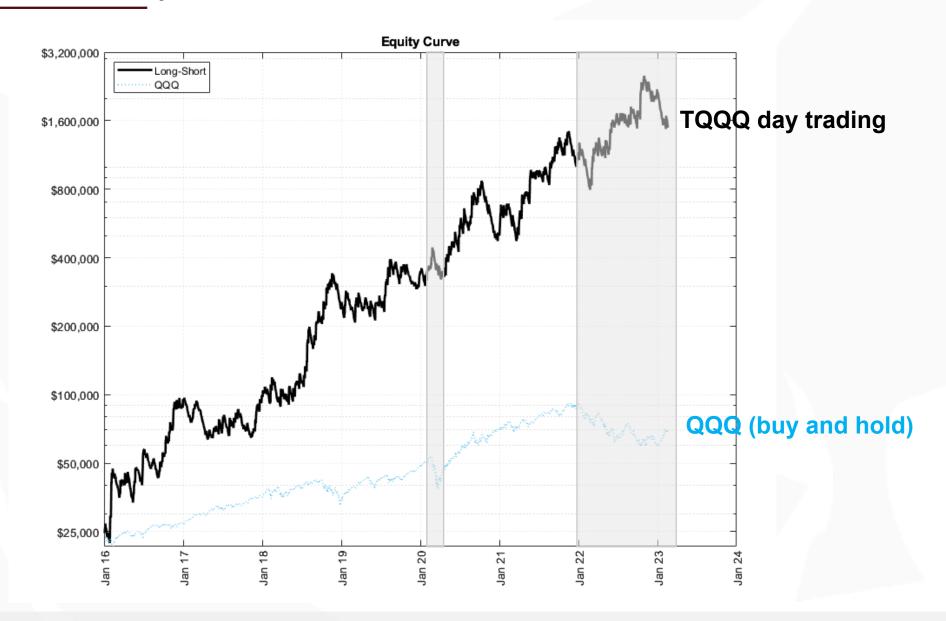
We added a 3x Bull leveraged ETF for QQQ into the model: \$TQQQ

Example

Leveraged products are available widely: TSLL for 2x long of TSLA

TSLS for 2x short of TSLA

What if we day trade TQQQ instead of QQQ?

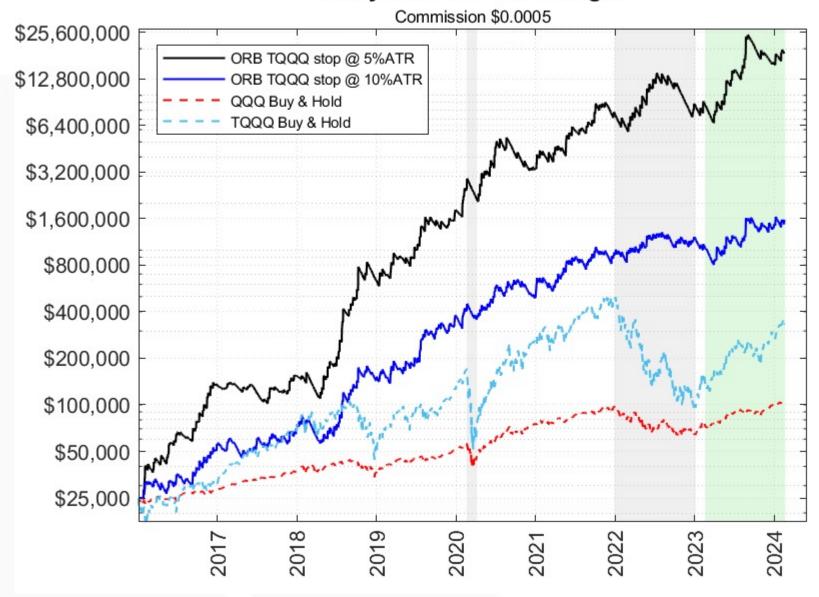


Sharpe Ratio and MDS Comparison

Table 2: Performance statistics.

Strategy	Total Return	Yearly Return	Volatility	Sharpe Ratio	MDD
ORB TQQQ	1,484%	48%	39%	1.19	28%
ORB QQQ	676%	33%	29%	1.13	22%
Buy & Hold TQQQ	438%	27%	69%	0.69	82%
Buy & Hold QQQ	169%	15%	23%	0.73	36%

5min-ORB on TQQQ Entry at OPEN - EoD Target



If you keep stop loss at **5% or 10% ATR**

Profit Target: EOD

TQQQ ATR is around \$2 as of today.

VWAP Day Trading Systems

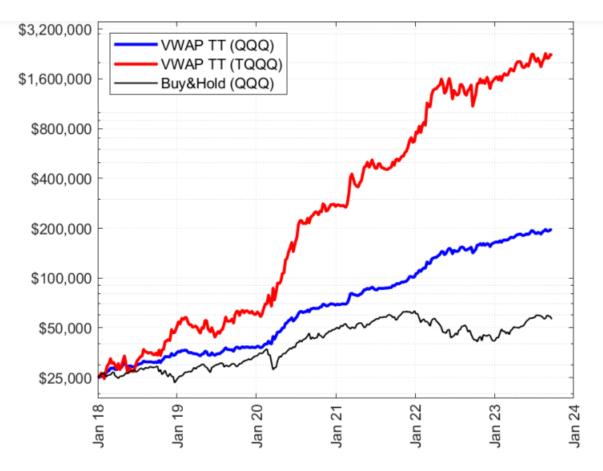


Table 3: Volume, Trades, and Commission Analysis for VWAP Trend Trading on QQQ and TQQQ from January 2, 2018, to September 28, 2023. Initial NAV: \$25,000; Commission: \$0.0005/share.

	Start Capital	End Capital	Shares Traded	Commission Paid	# Trades
VWAP TT (TQQQ)	\$25,000	\$2,085,417	801,237,880	400,619	22,399
VWAP TT (QQQ)	\$25,000	\$192,656	13,094,444	6,547	21,967
Buy & Hold (QQQ)	\$25,000	\$56,472	160	0.080	1
Buy & Hold (TQQQ)	\$25,000	\$73,108	2,129	1.1	1

Figure 6: Performance comparison between a QQQ buy-and-hold portfolio, a portfolio engaged in day trading, both long and short positions on QQQ based on 1-min candlestick using the VWAP-based system described in this paper and a portfolio of day trading TQQQ based on this approach. The analysis covers the period from January 1, 2018, to September 28, 2023, with an initial net asset value of \$25,000 and a commission rate of \$0.0005 per share.

What we learned from our research

· Theorem is proven. Day trading is possible.

· You need proven and tested systems.

- · Impact of leverage for return.
 - Leveraged product such as TQQQ
 - Options



Key to Success in Trading







Why a TradeBook?

- Best technology, no strategy: failure.
- Best strategy, no technology: failure.
- Best technology, best strategy, no psychology: failure.

- TradeBook is "manifestation" of your skills in trading.
- TradeBook is your "handbook" for trading.
- TradeBook is your "manual" for each trade.
 - Where to look for a trade,
 - When to look for a trade,
 - What to trade,
 - When to enter, when to exit, when to profit
 - How to improve

(Amateurs)

(Robinhood Traders)

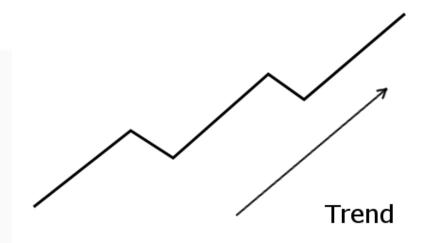
(Gamblers)

Stock or Options Selection

- I trade <u>stocks</u> and <u>commons shares</u>, strategies can work on <u>Options</u> if there is liquid options chain for the ticker (such as NVDA, TSLA, AAPL, SPY, QQQ)
- Liqudity comes with high "open interest" in the chain.
- In volatile markets, same strategies can be applied on indexes such as SPY, QQQ and their leveraged ETFs and their options chain.
- SPY, QQQ and indexes have same day options known as "0 DTE". These are perfect for day trading.
- Day trading options can be a powerful tool for traders if pattern is properly recognized.

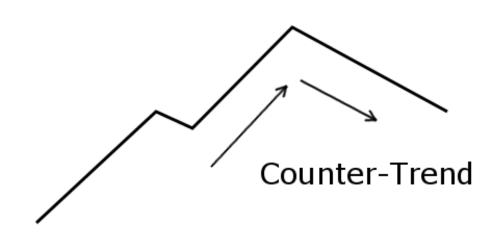


Strategy





Opening Range Breakouts



Trade is in the opposite direction of price

9/20 Reversal Trades

Trend & Counter-Trend Trading

Trend trading

- Enter in <u>direction</u> of price
- ORB breakouts

Counter-trend trading

- Enter in opposite direction of price
- 9/20, Double Bottoms (fallen angels) etc.

Generally, a trader is better at recognizing and execution at one style (like left-handed or right handed) but most often you need to be able to have TradeBooks in both category (good to be able to use both hands!).



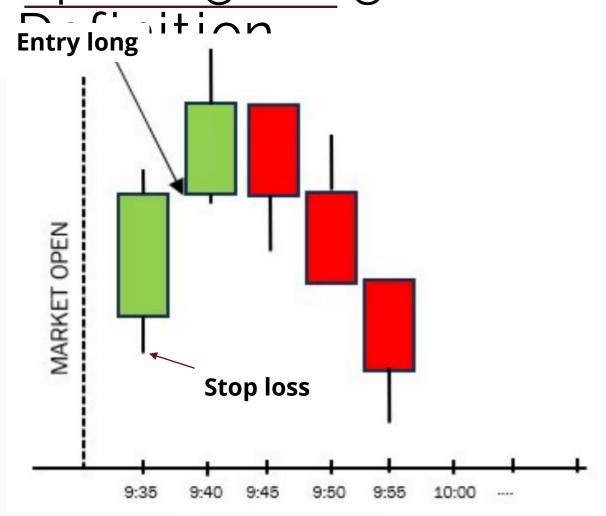


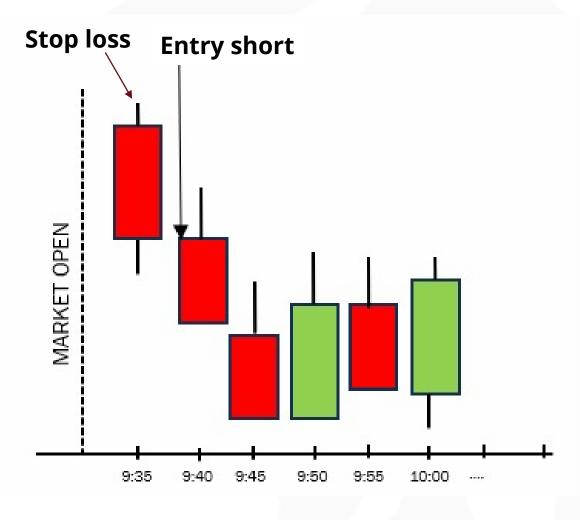
Day Trading System 1

Opening Range Breakouts



Opening Range Breakout System





1-min Opening Range Breakouts





1-min Opening Range Breakout







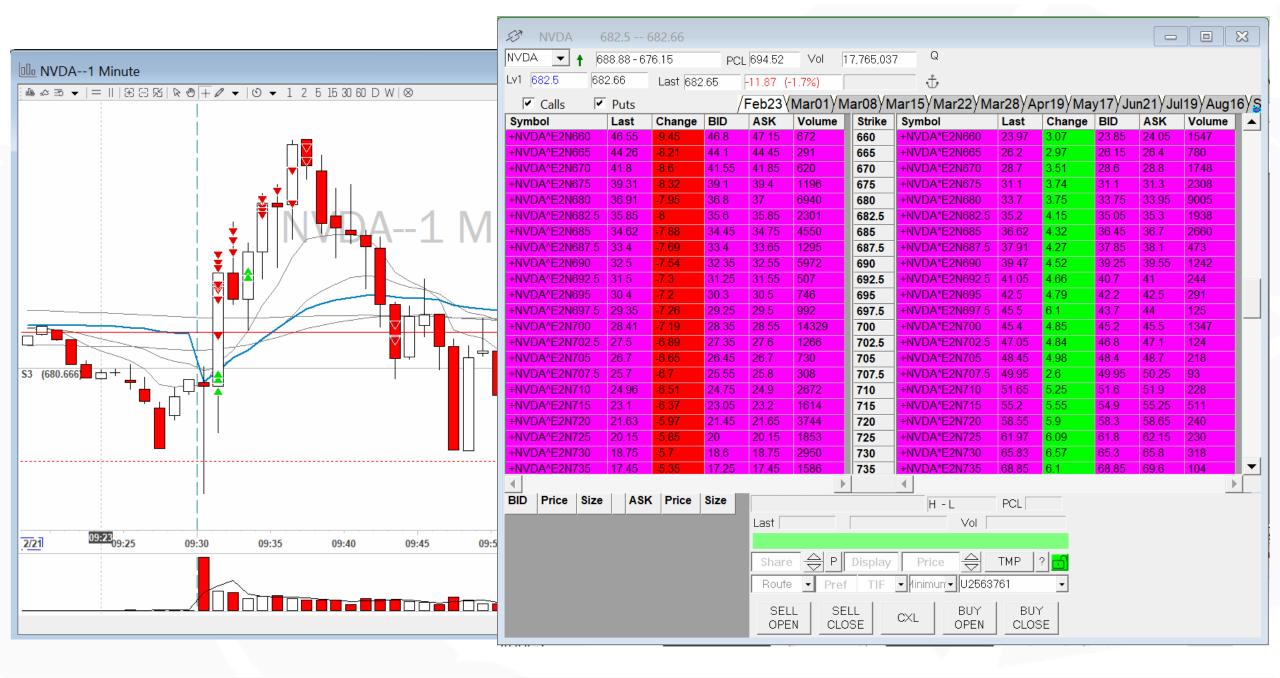




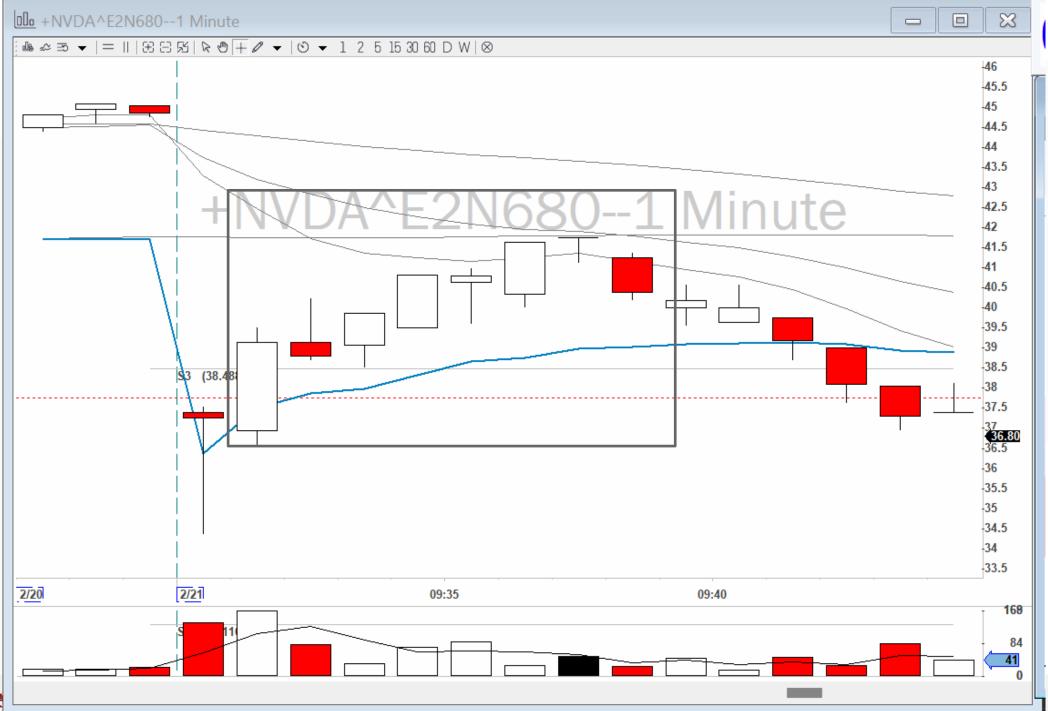


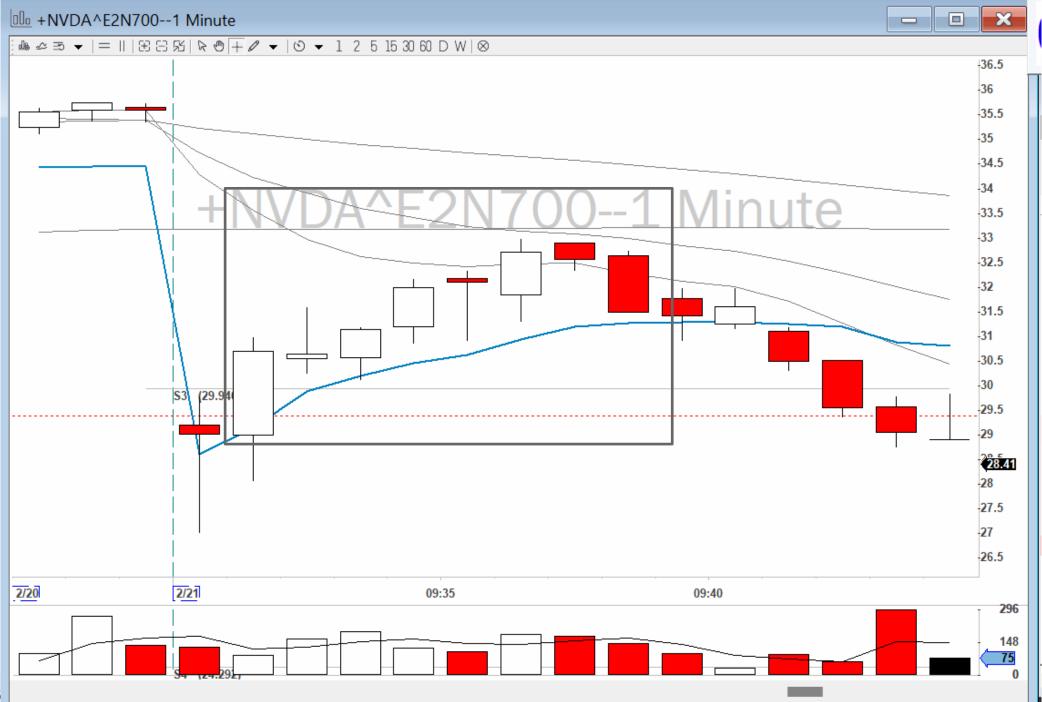


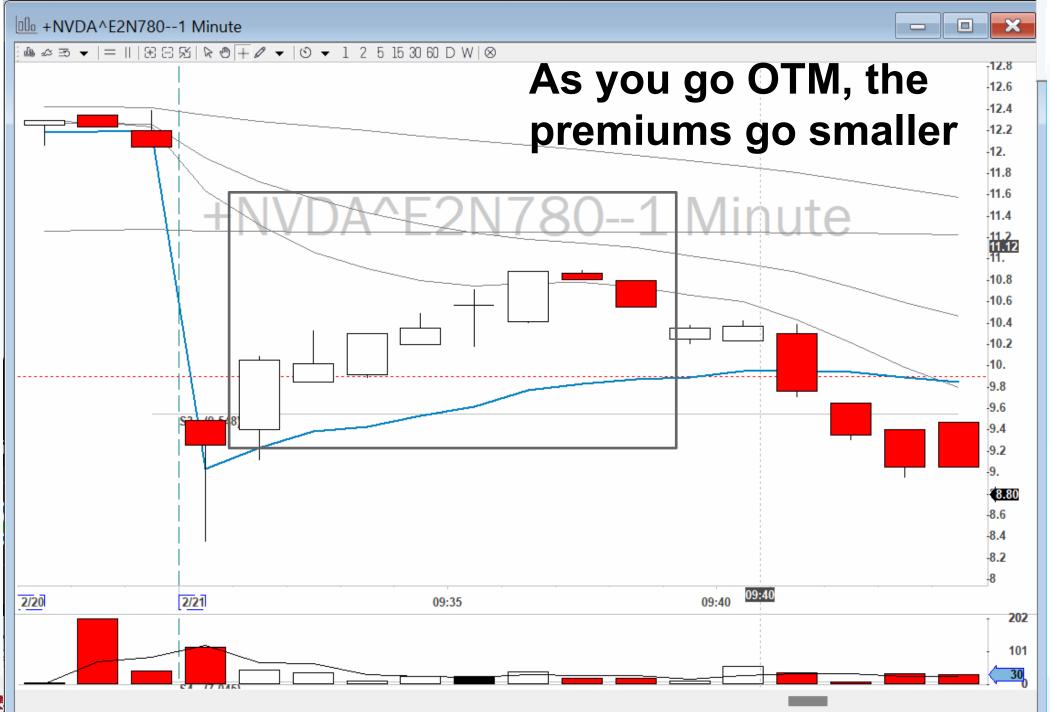


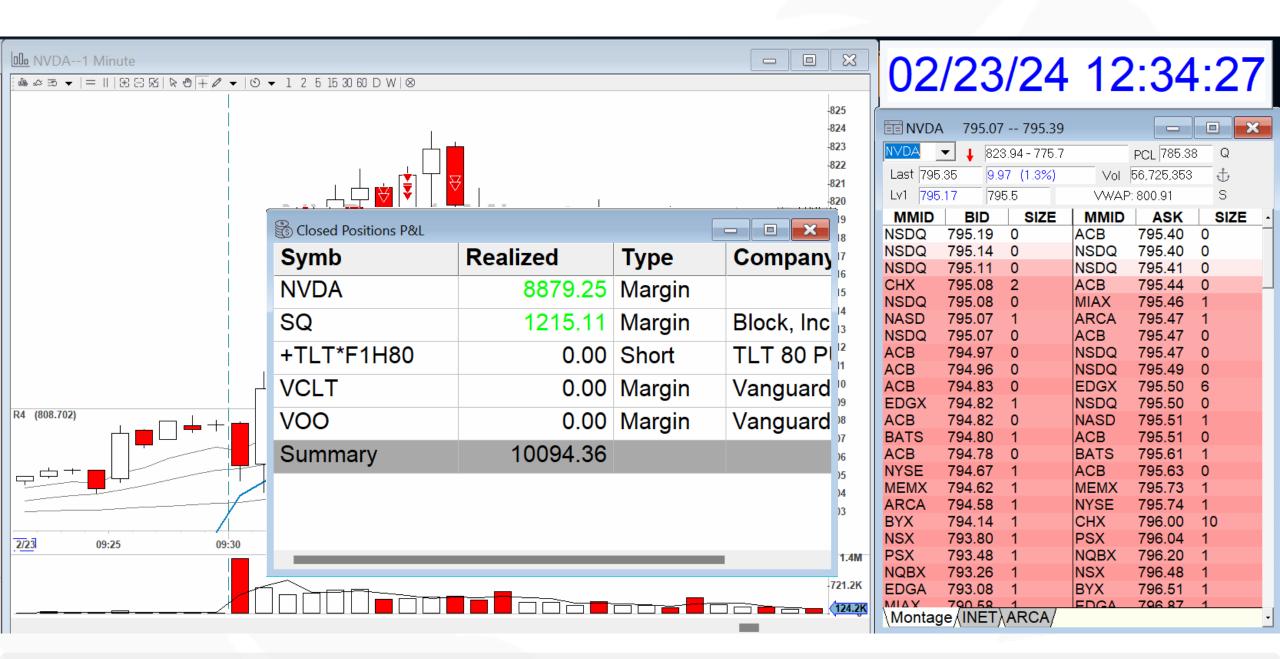




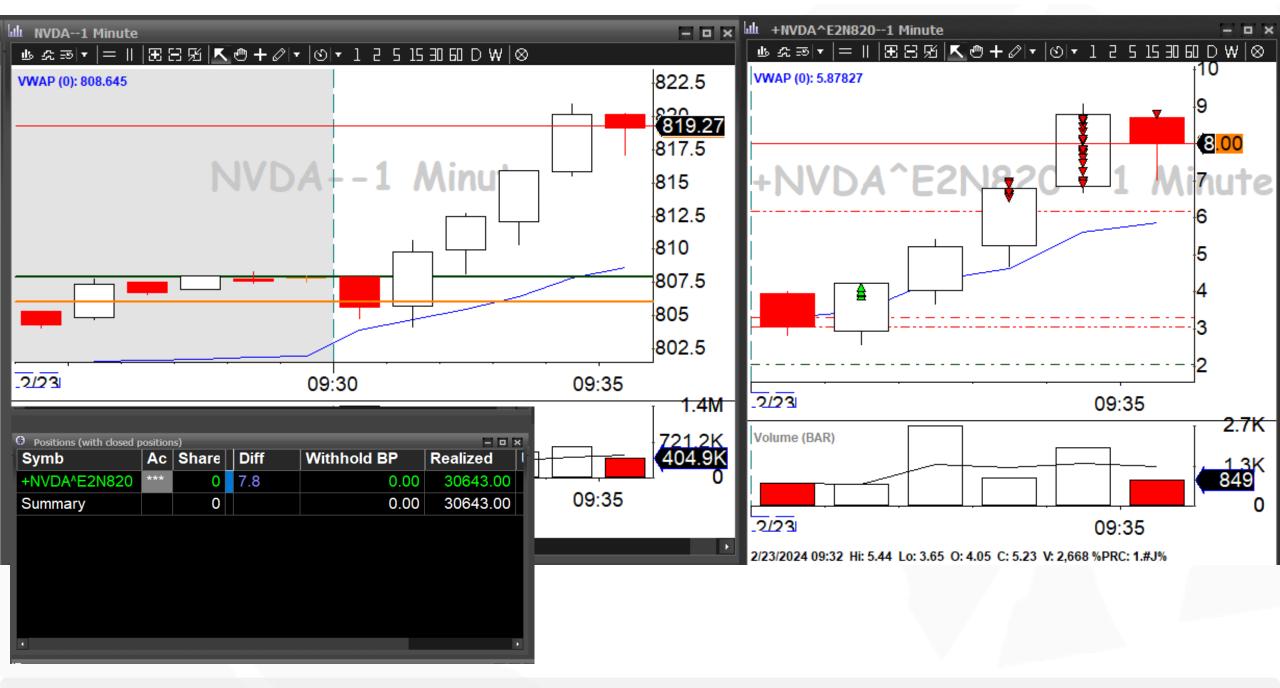


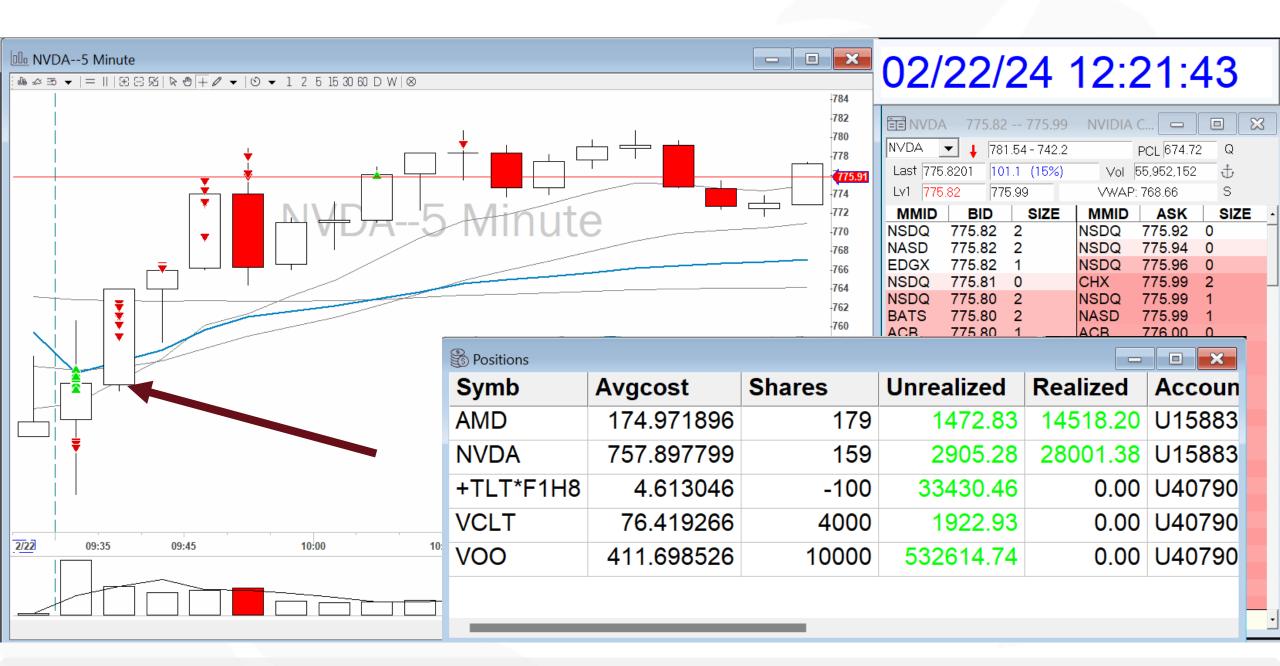








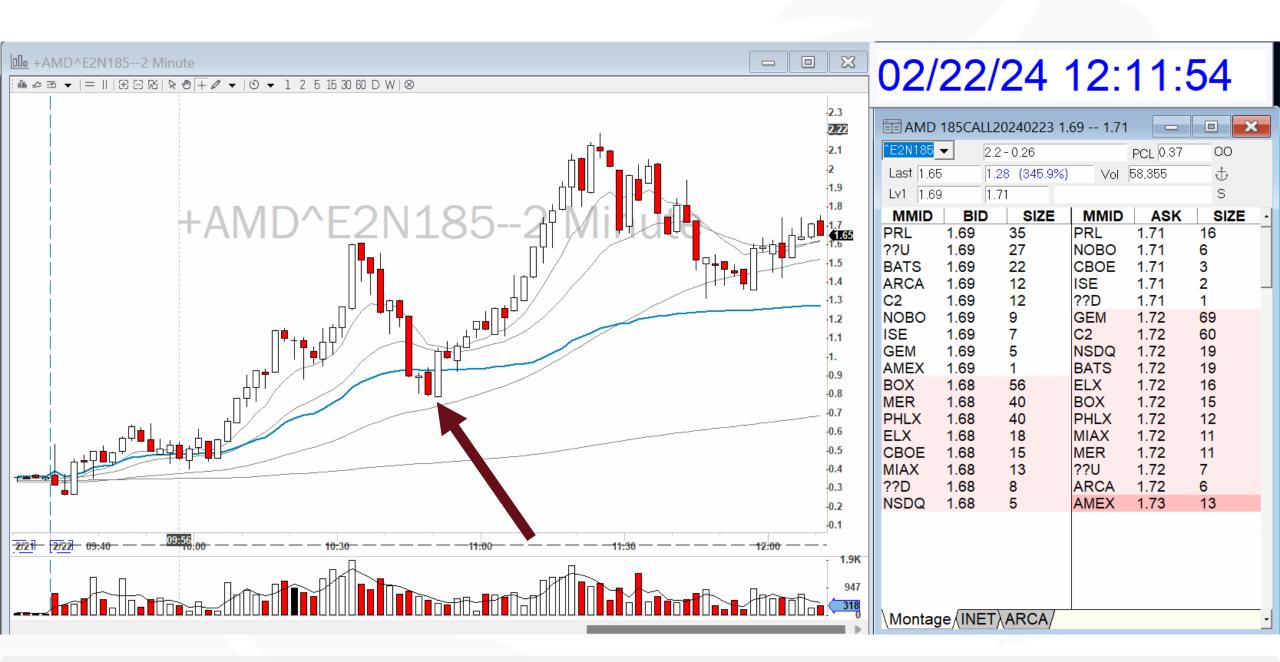






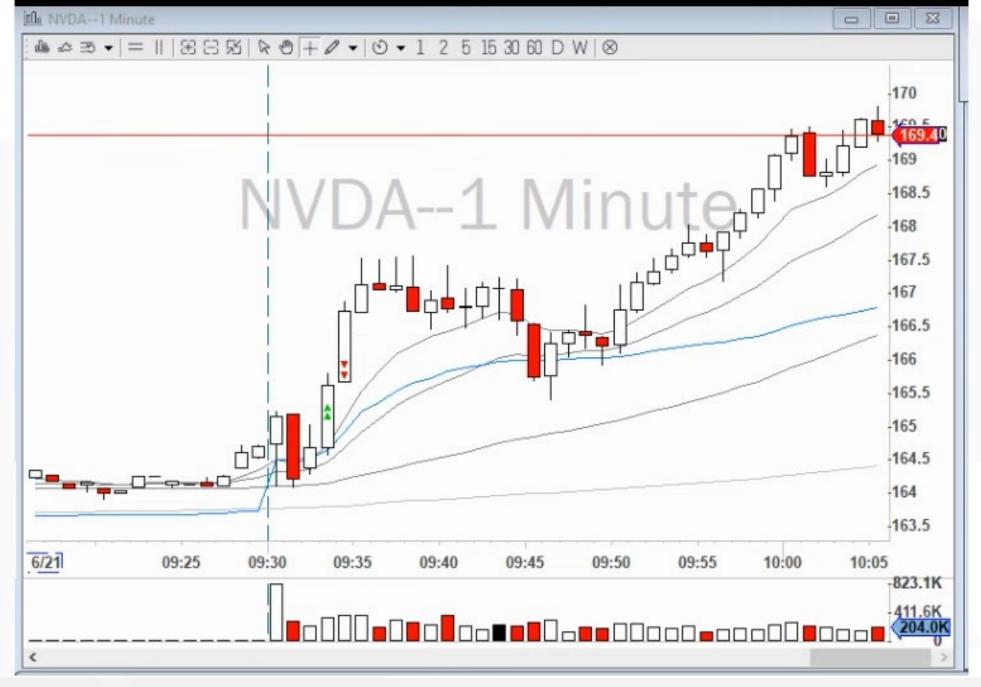










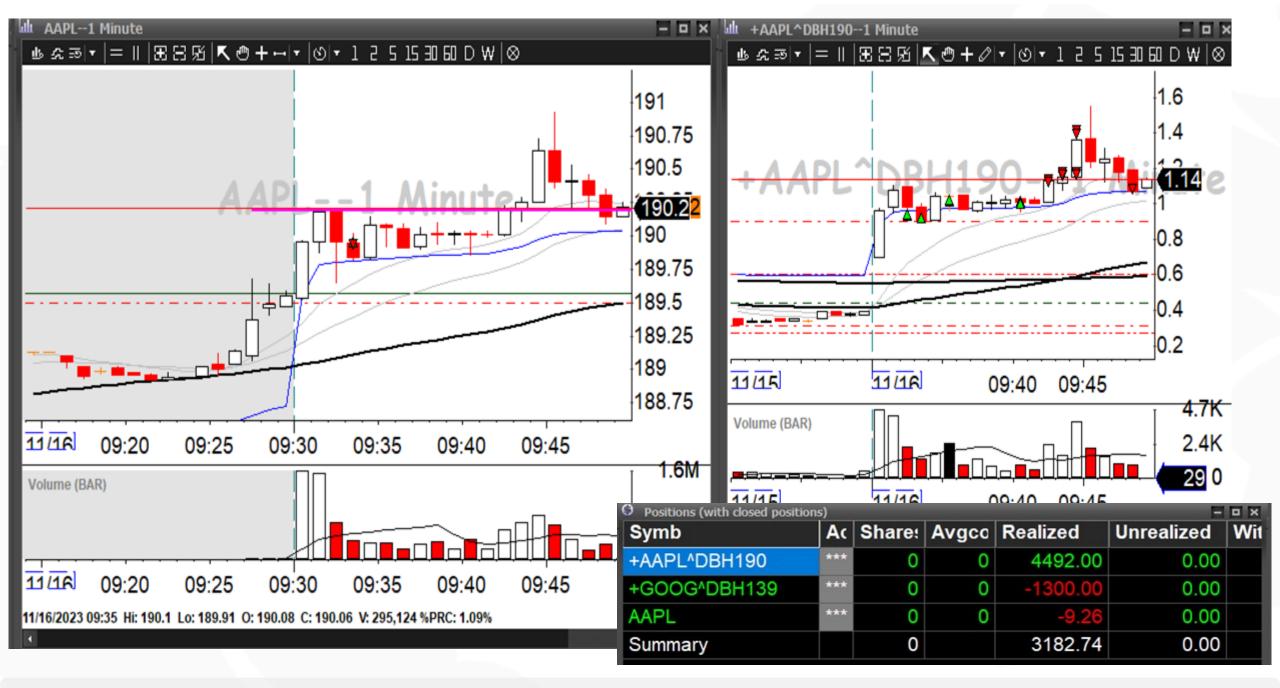








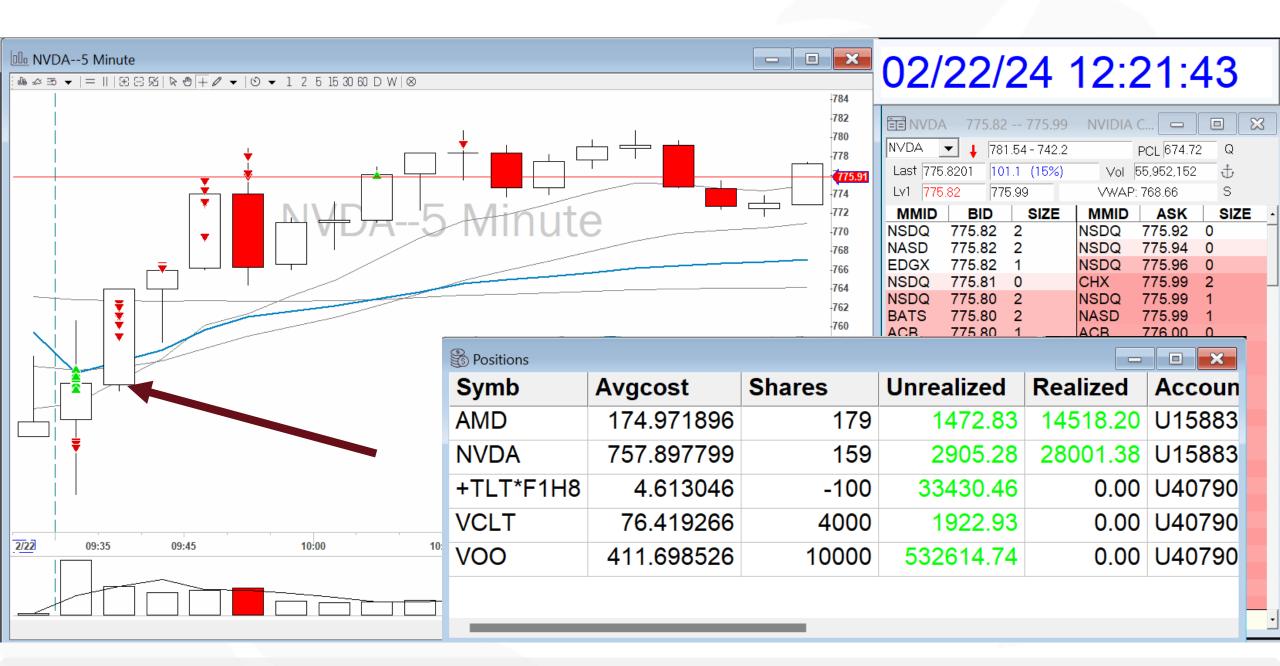


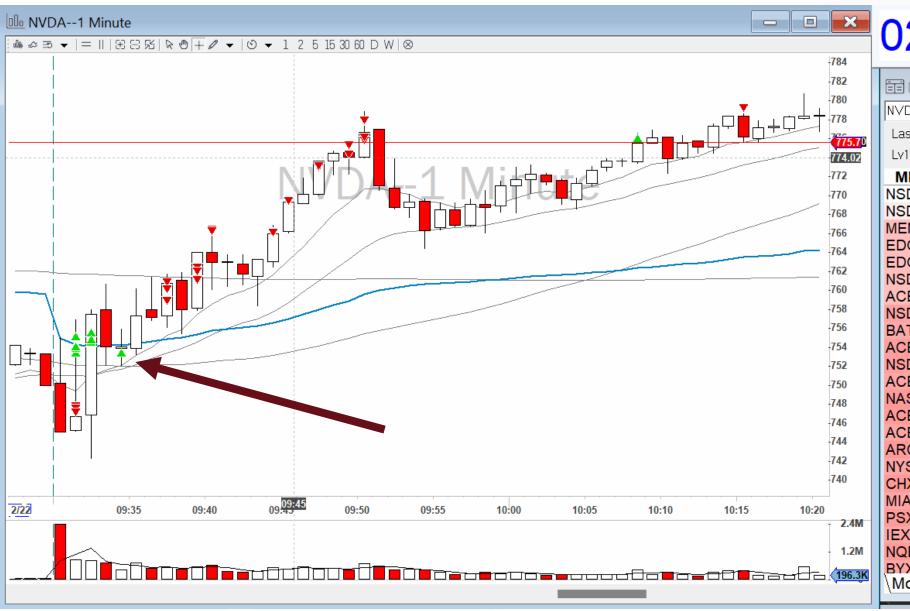




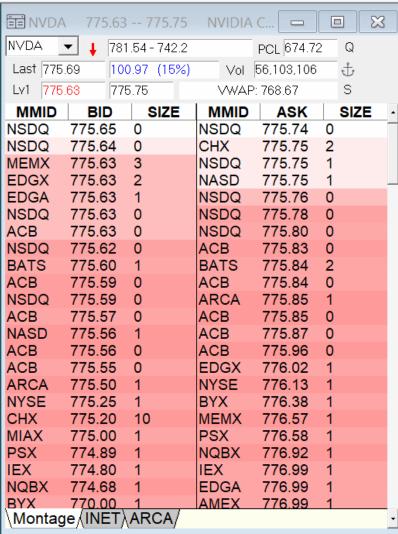








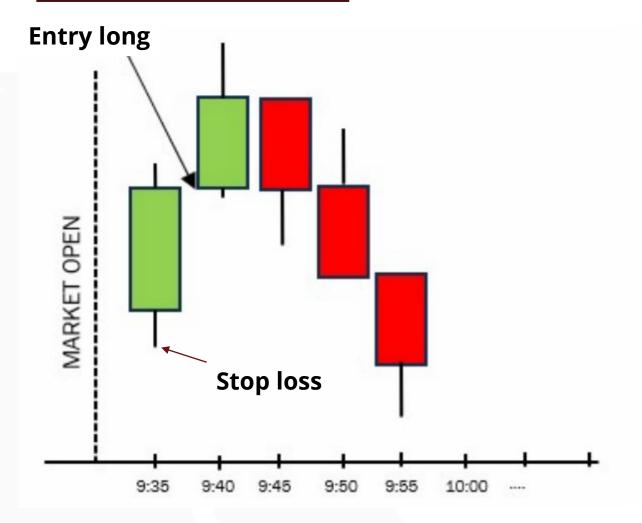
02/22/24 12:23:14

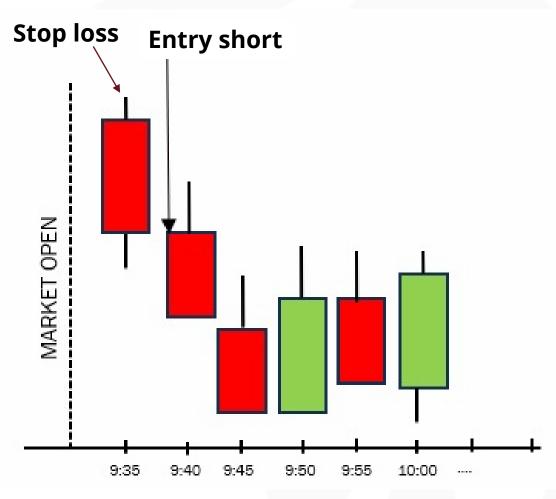






ORBs can be 1-min, 5-min, 15-min, 30-min





Opening Range Breakout Example on



Ø AME) 164.66 164.7						
AMD -	171.81 - 162.86	PCL	.173.87 Vol	25,433,473	Q Q		
_v1 164.68	164.68 Last 1	64.65	-9.22 (-5.3%)		ψ.		
Calls	Puts	/I	Feb23∀Ma	r01∑Mar0	89 Mar	15) Mai	r22∑Mar28
Strike	Symbol	Last	open Int	Change	BID	ASK	
135	+AMD*E2N135	0.08	391	0.05	0.06	0.07	
136	+AMD*E2N136	0.08	95	0.04	0.07	0.08	
137	+AMD*E2N137	0.09	674	0.05	0.08	0.1	
138	+AMD*E2N138	0.11	319	0.08	0.1	0.11	
139	+AMD*E2N139	0.13	326	0.09	0.11	0.12	
140	+AMD*E2N140	0.14	1815	0.08	0.13	0.14	
141	+AMD*E2N141	0.18	361	0.13	0.15	0.16	
142	+AMD*E2N142	0.2	354	0.15	0.17	0.19	
143	+AMD*E2N143	0.2	284	0.13	0.2	0.22	
144	+AMD*E2N144	0.27	453	0.18	0.24	0.25	
145	+AMD*E2N145	0.28	1777	0.18	0.28	0.29	
146	+AMD*E2N146	0.33	317	0.22	0.32	0.34	
147	+AMD*E2N147	0.42	527	0.31	0.38	0.4	
148	+AMD*E2N148	0.47	438	0.33	0.45	0.46	
149	+AMD*E2N149	0.54	768	0.38	0.53	0.54	
150	+AMD*E2N150	0.63	4230	0.46	0.62	0.64	
152.5	+AMD*E2N152.5	0.95	3199	0.71	0.94	0.96	
155	+AMD*E2N155	1.37	5260	1	1.39	1.4	
157.5	+AMD*E2N157.5	2	2276	1.45	2	2.02	
160	+AMD*E2N160	2.78	5929	1.96	2.8	2.83	
162.5	+AMD*E2N162.5	3.79	2966	2.58	3.8	3.85	
165	+AMD*E2N165	5	6754	3.29	5	5.1	
167.5	+AMD*E2N167.5	6.5	4292	4.05	6.45	6.55	
170	+AMD*E2N170	8.27	7488	4.96	8.1	8.2	
172.5	+AMD*E2N172.5	10.1	2098	5.67	9.9	10	
175	+AMD*E2N175	12.3	4831	6.54	11.85	12	
177.5	+AMD*E2N177.5	14.2	3801	6.9	13.6	14	
180	+AMD*E2N180	16.62	3042	7.64	16.05	16.2	
182.5	+AMD*E2N182.5	19.08	1510	8.18	18.25	18.5	
185	+AMD*E2N185	21.6	1307	8.9	20.6	20.85	
187.5	+AMD*E2N187.5	23.73	791	8.88	22.95	23.75	



Opening Range on Puts 170

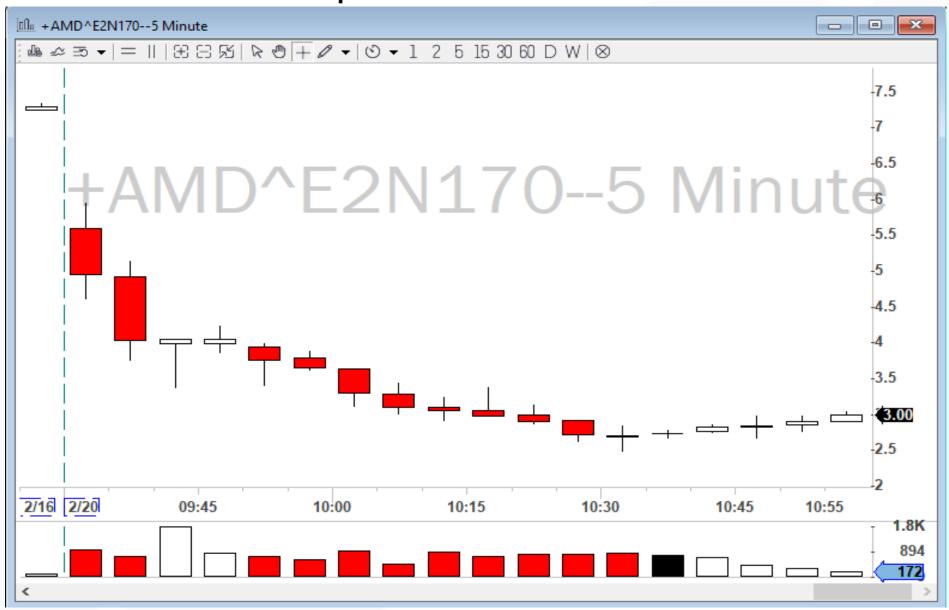




Or you can short the calls.

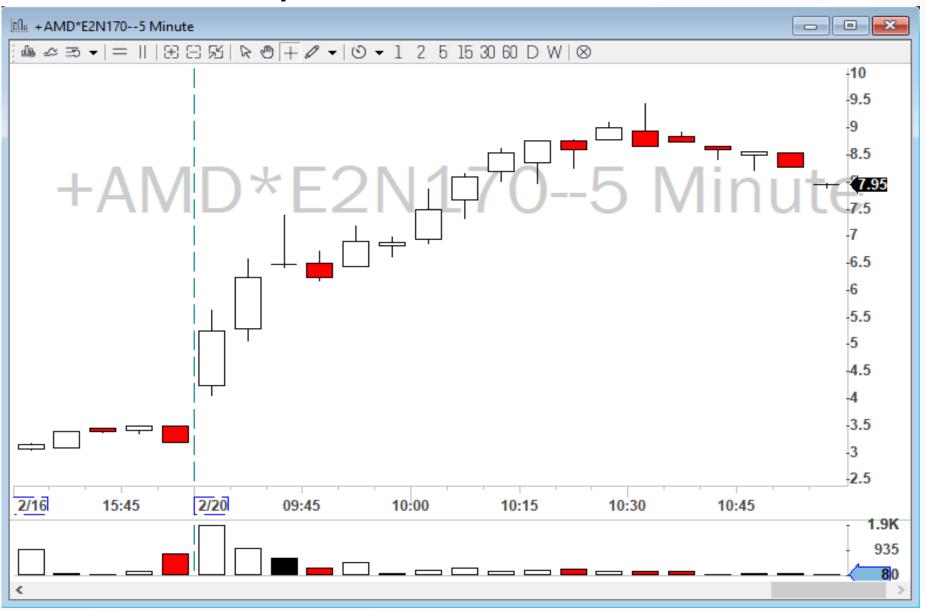


5 min ORB on 170 puts





5 min ORB on 170 Calls



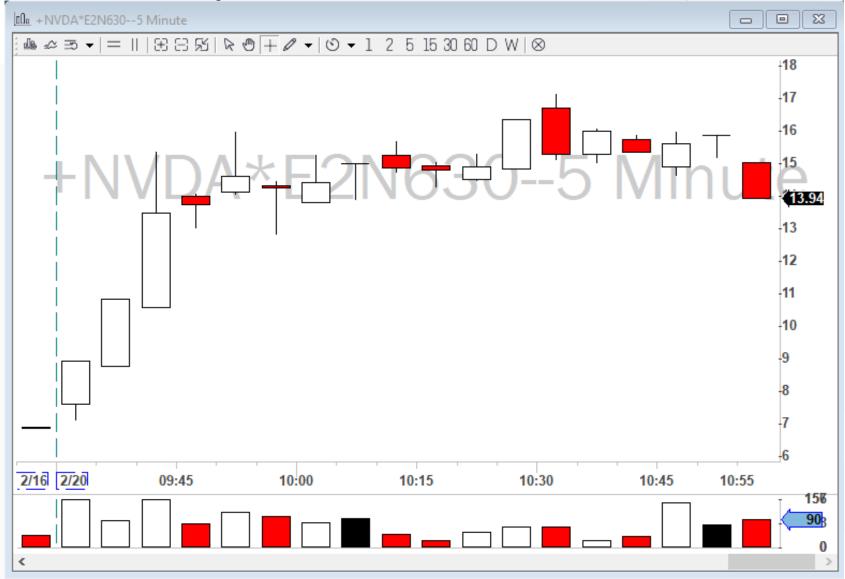


Min ORB down on NVDA

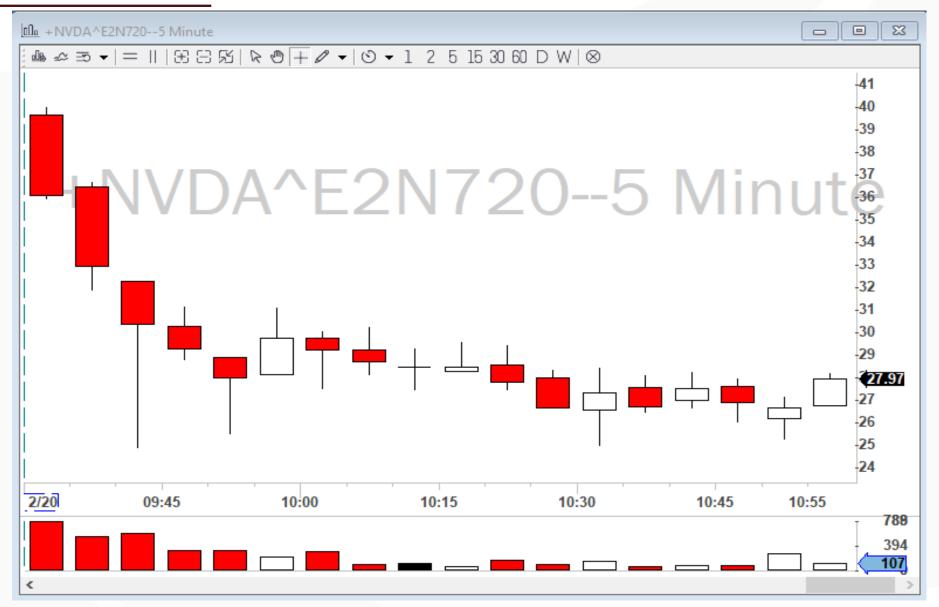




5 min ORB up on NVDA calls 630

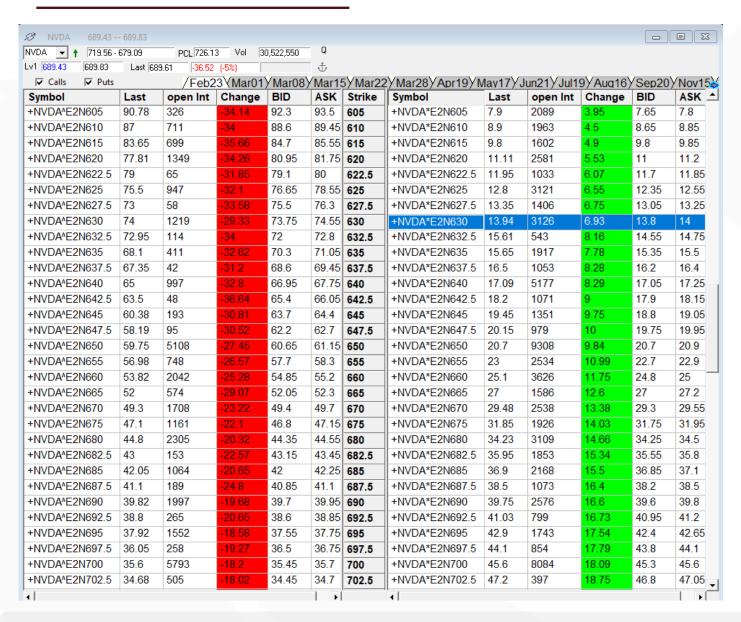


NVDA Calls 720





Selection of Strike Price



Options selection

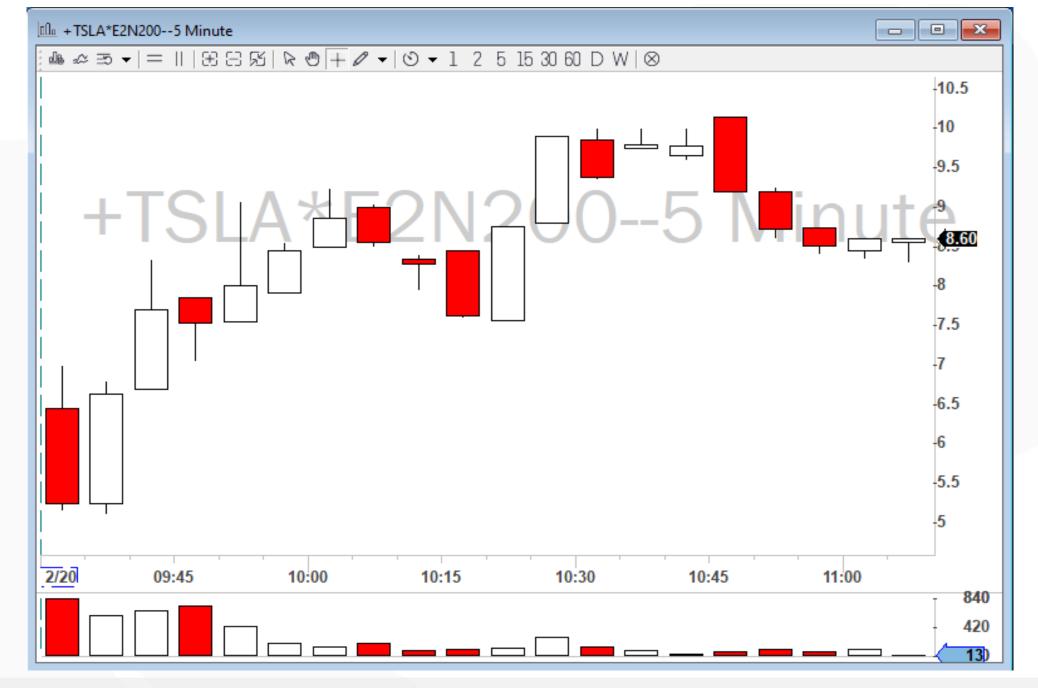
Strike price: a little OTM or ATM

Near round numbers (usually they higher open interest)

Expiry: closest expiry date (less time value)

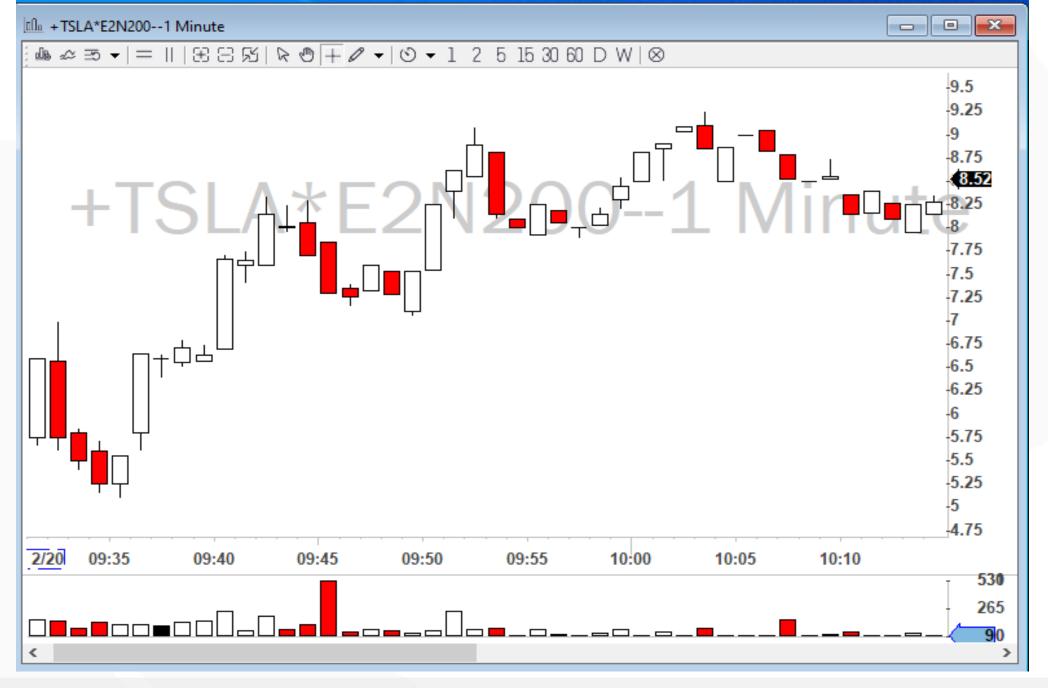
5 min ORB down or Engulfing Crack











Options trading procedure

- Formulate a trade plan based your day strategy.
 - Trade only sticks with high options chain: AMZN, AMD, TSLA, NVDA, META, MSFT, GOOG, AAPL.
- Pick the options contract with the earliest expiry (Friday):
 - Pick calls if your plan is to go long, puts if your plan is to go short.
 - Pick the strike price closest to your target price.
 - Keep the options contract open and ready to go before the open.
- Wait for confirmations on the 1min chart after the open.
 - Take long positions on the options contracts.
 - Entries, stops and partials are based on the 1min stock chart not the options chart.



Less common stocks SMCI









30 min ORB is also very popular



Lyft Earning 15 Feb 2024

Multiple Time Frame Strategy









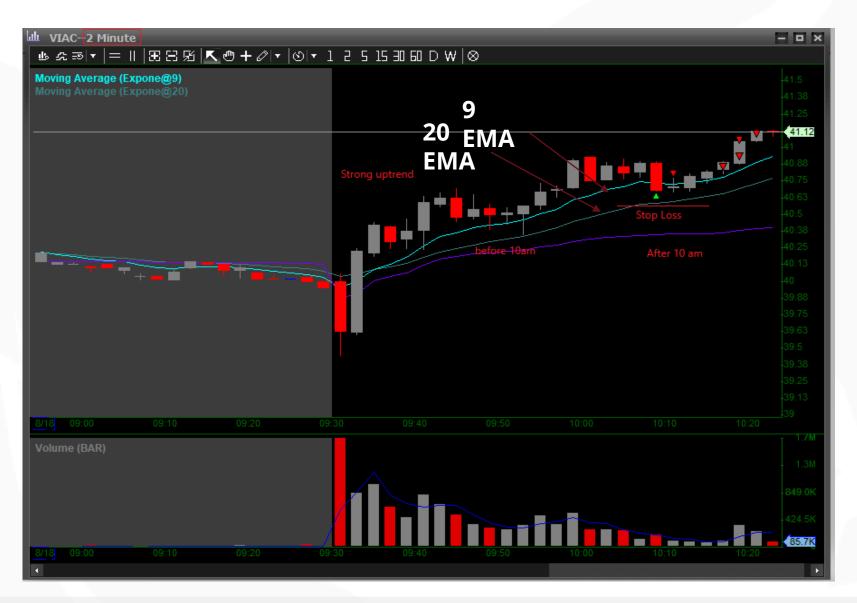
Day Strategy 2: 9/20 Reversal



9/20 TradeBook: A counter-trend on 2-min chart



9/20 TradeBook: A counter-trend strategy on 2-min chart



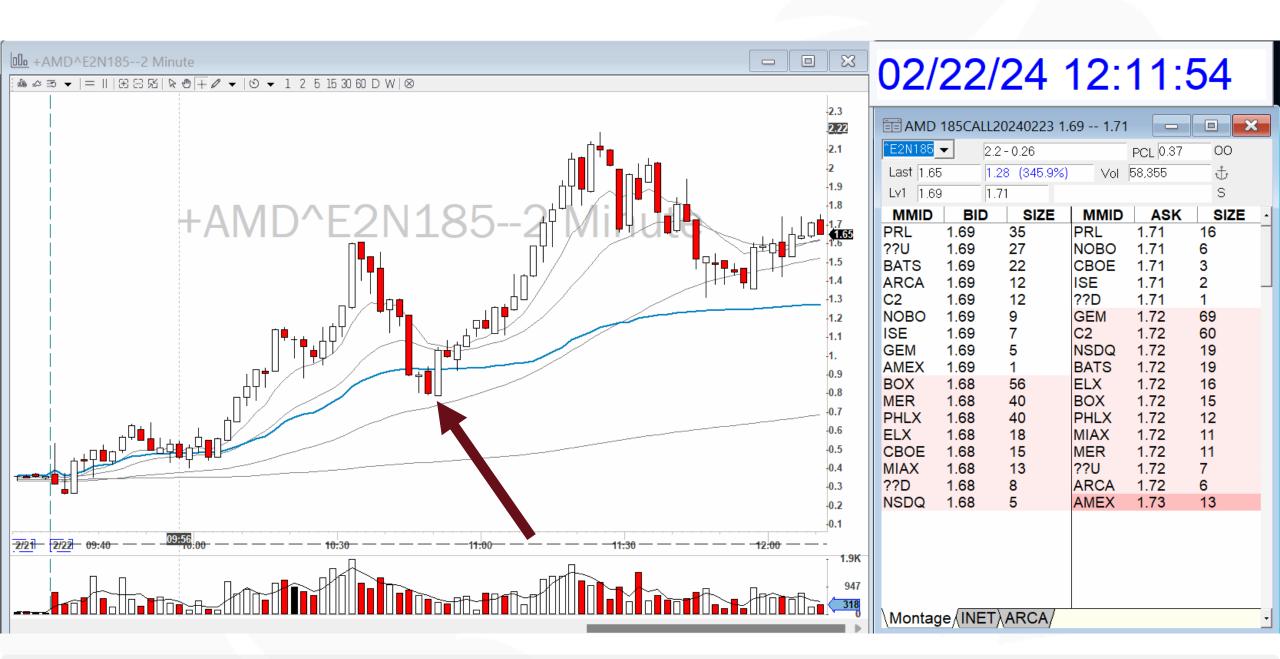


9/20 TradeBook: A counter-trend strategy on 2-min chart





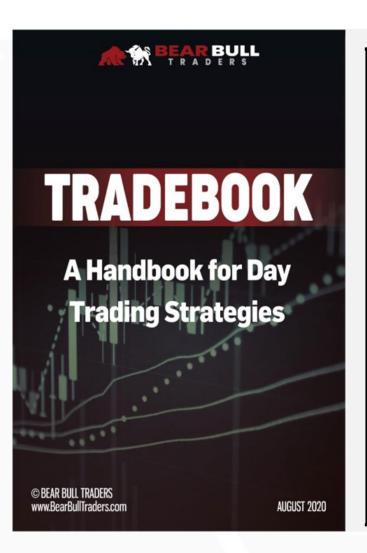








TradeBook What "should" include?



Introduction

Hello Bear Bull Traders

This TradeBook is a collection of trading strategies that the moderators within our community trade throughout the day. It is designed to assist you in understanding the setups that our moderators discuss in the chatroom. The information contained within each of these strategies can also be used as a starting point in your own journey to create a personalized strategy. It is highly recommended that you begin testing any strategy in your simulator before attempting to trade with real money

Bear Bull Traders Team

Table of Contents

- 1. Rising Devil (Coming Soon)
- Fallen Angel (Coming Soon)
- 3. 1- to 2-Minute Opening Range Breakdown (Coming Soon)
- 4. 5-Minute Opening Range Breakdown (Coming Soon)
- Parabolic Reversal
- 7. ABCD Pattern
- 8. Lightning Bolt
- 9. Mountain Pass
- 10. Break of High/Low of Day \$ Level
- 11. Wedge (Coming Soon)
- 12. VPA (Coming Soon)

Strategy Name

Selection

Which Stocks in Play Time of Day

Identification

Indicators: pre-market, L2, MAs *Price action*: chart patterns etc

Execution

Entry signal Stop loss Exit, or add, profit target

Considerations

Rules & Notes

Examples

9/20 TradeBook

Selection

• Stocks in play strong move in the open. Stocks near all time high, or strong gap up, or very strong days.

Identification

- Too extended to buy on 1-min chart.
- Usually pull backs on 1-min chart is being bought back up toward high of the day (sign of strength).
- TradeBook works **best** between 10am-10:30 am (ET). Can work later too, but often not earlier.

Execution

- Entry at or near 20 EMA on 2-min chart.
- Stop loss, a significant break below 20 EA on 2-min chart.
- Profit targets:
 - first target: 9EMA on 2-min chart
 - second target near high of the day
 - Further targets: break of high of the day

Consideration:

No stocks with halt on the way up or down.

No low floats.

No trading 9/20 after 11am.

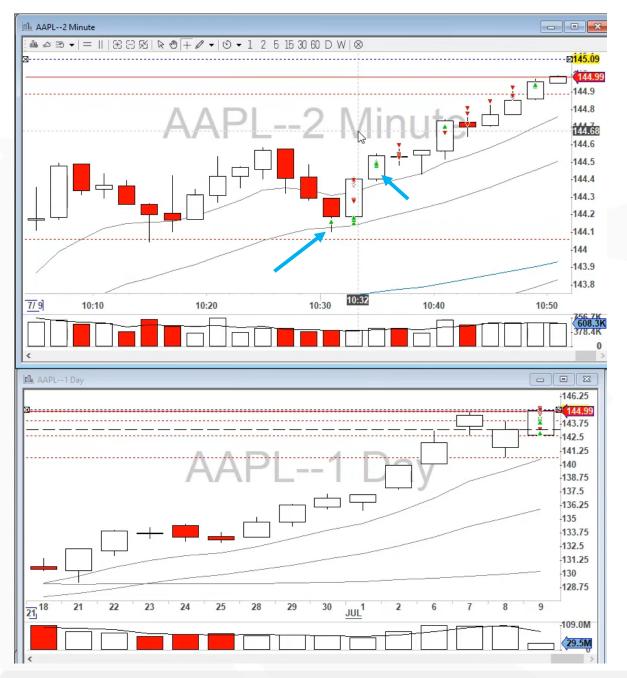
9/20 on

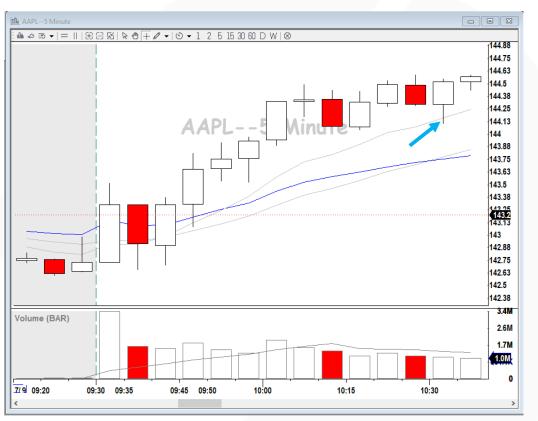




July 9 2021, AAPL at all time high.









AAPL Break of ALL TIME HIGH and 9/20 Trade Recap 1,847 views • Jul 9, 2021

https://www.youtube.com/watch?v=oh12BIFTJE0



9/20 TradeBook

A+ Setup

Match your TradeBook perfectly.

Often direction of gap is in your favor.

- Long for a gap down stock
- Short on a strong stock

You can trade with more confident, or bigger size.

Not A+ Setup

Does not match your Trade Book perfectly.

Often direction of is not in your trade favor.

- Long for a gap down stock
- Short on a strong stock

Some price action or chart pattern concerns.

You should **avoid** trading it or be **less aggressive**.

9/20 TradeBook

A+ Setup

Not A+ Setup





10:40

10:30

- 0 X

-51.5

-51.4 -51.3 -51.2

51.1

49.8

2.9M



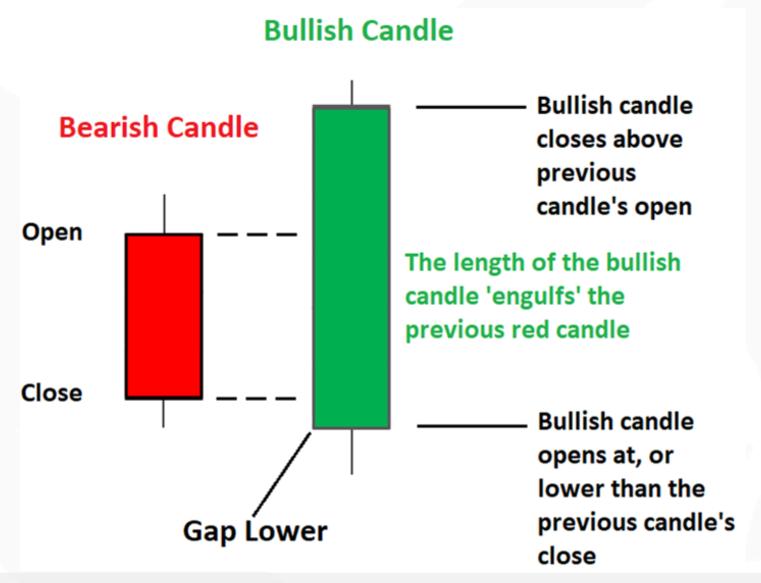


Bearish and Bullish Engulfing Cracks

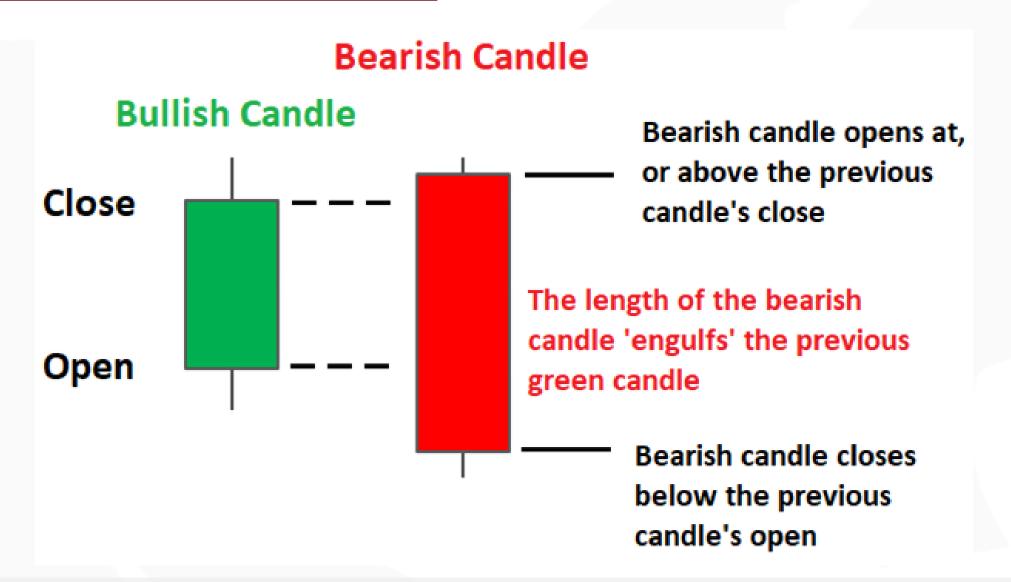
PRESENTED BY:

Andrew Aziz

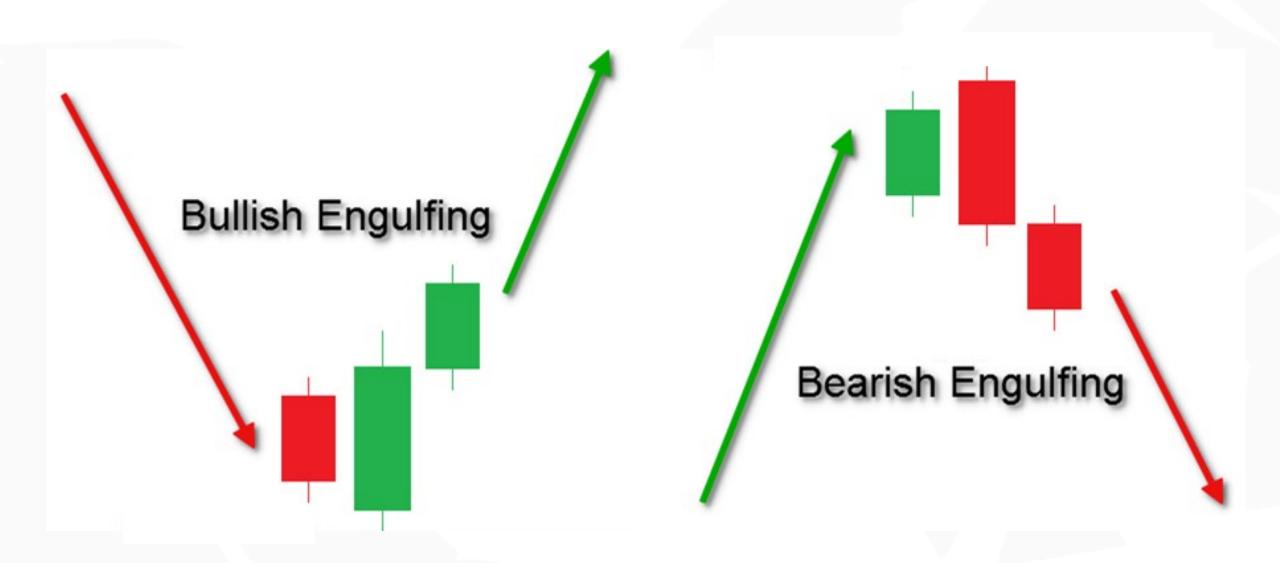
Bullish Engulfing Pattern



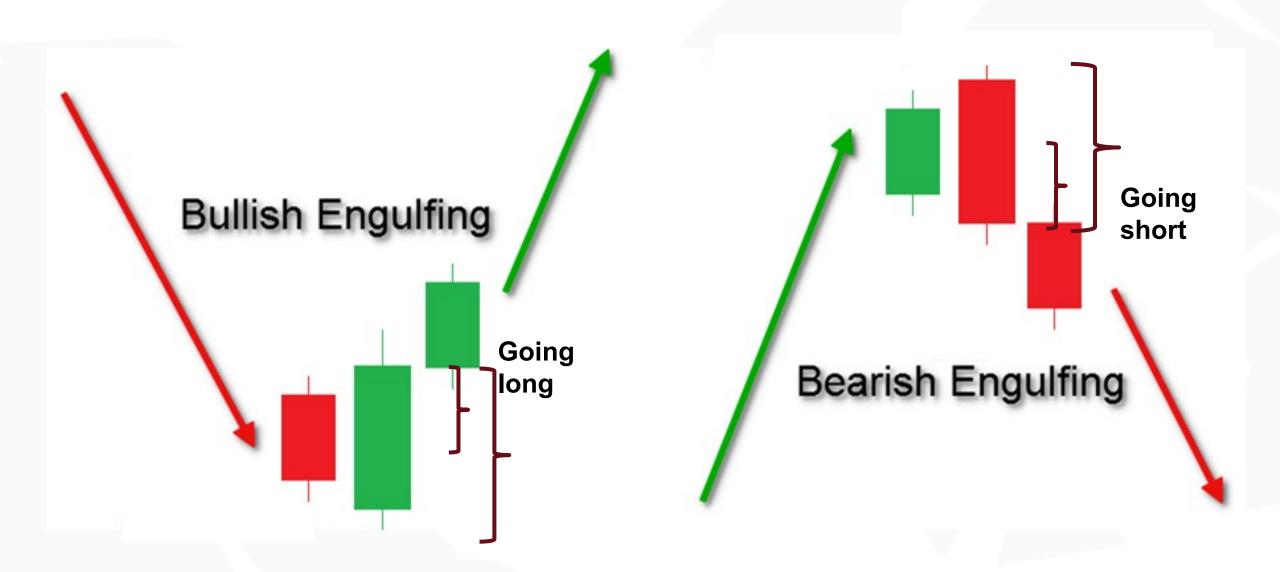
Bearish Engulfing Pattern



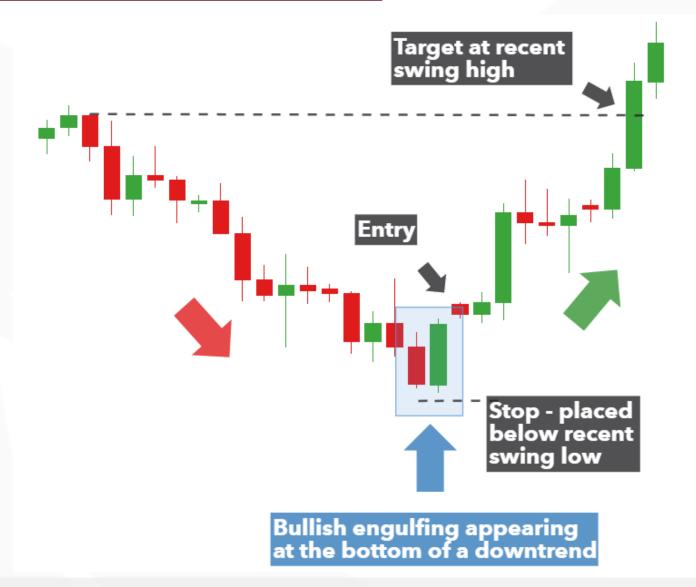
Engulfing Candlesticks are Powerful Reversal Patterns



Entry, Exit, Stop Loss: 50% of Previous Candle



Swing Traders usually use <u>low</u> or <u>high</u>.





Engulfing Patterns are More Meaningful at



Summary Day Trading Engulfing Cracks

- I look at Engulfing Patterns only in <u>5-min charts</u> at the Open 9:30-9:40am
- 1-min Engulfing may be meaningful if Candlesticks is <u>"big" enough</u>, otherwise, most 1-min candlesticks are choppy and can look like an engulfing

Bearish Engulfing Crack can be **short** under VWAP, with stop loss of <u>above</u> VWAP or <u>50% of previous candlestick</u>.

Bullish Engulfing Cracks can be **long** above VWAP, with stop loss <u>below</u> VWAP or <u>50% of previous candlestick</u>.

- This Strategy is also a form of 5-min Opening Range Breakout.
- Entry
- Look at 1-min pull backs if it is not too extended. See examples:



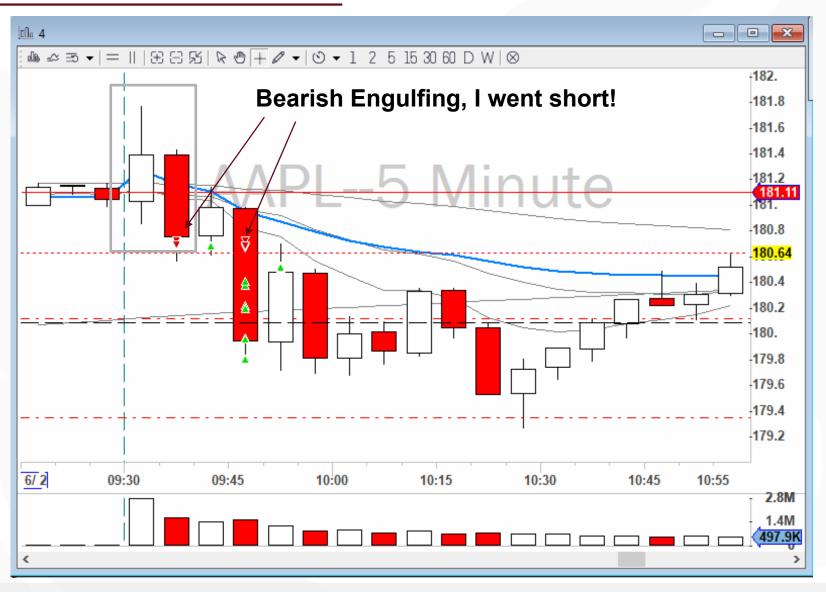
Example 2 June 2023



Example 2 June 2023 (look at 1-min



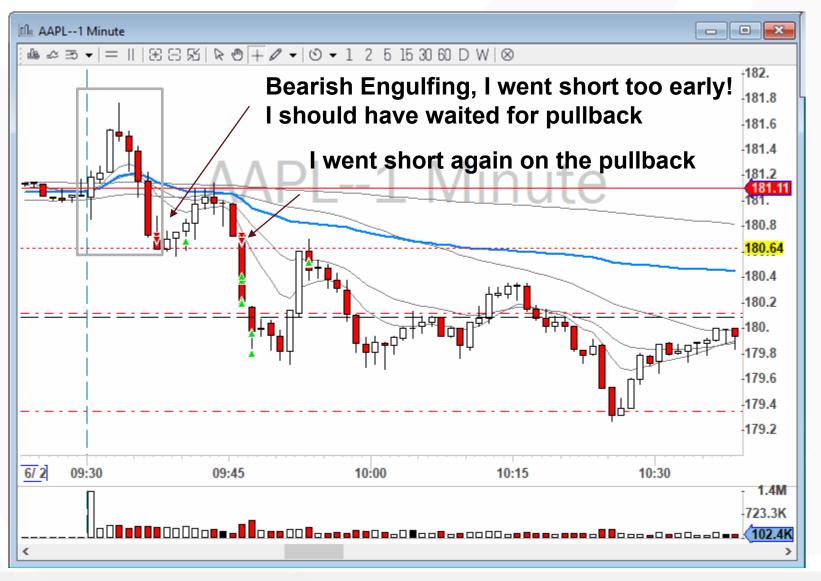
Example 2 June 2023



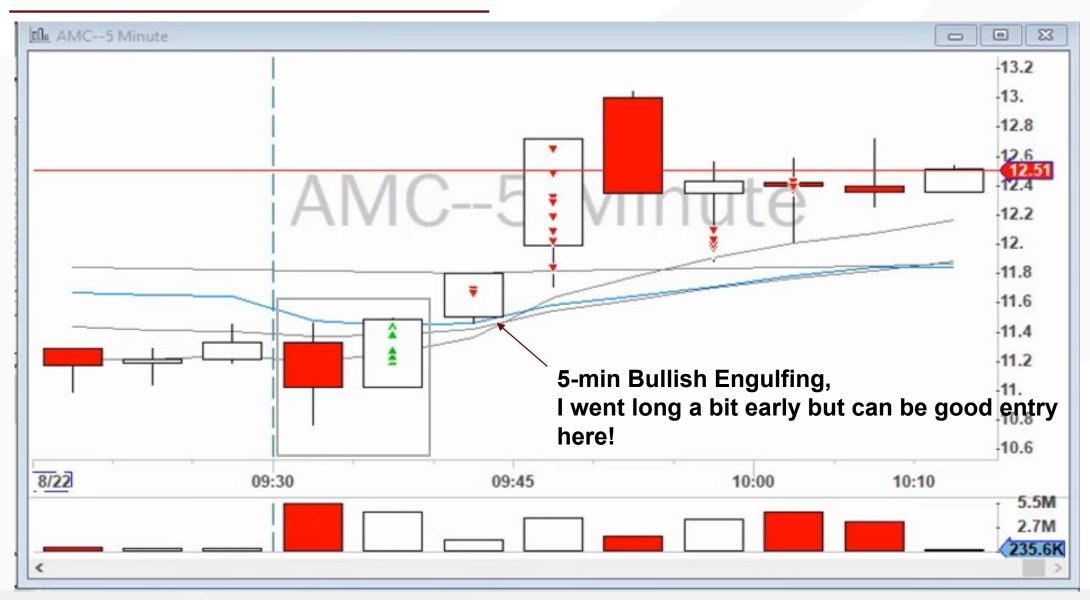


Example 2 June 2023 (look at 1-min

chart)



Example 3 Bullish Engulfing





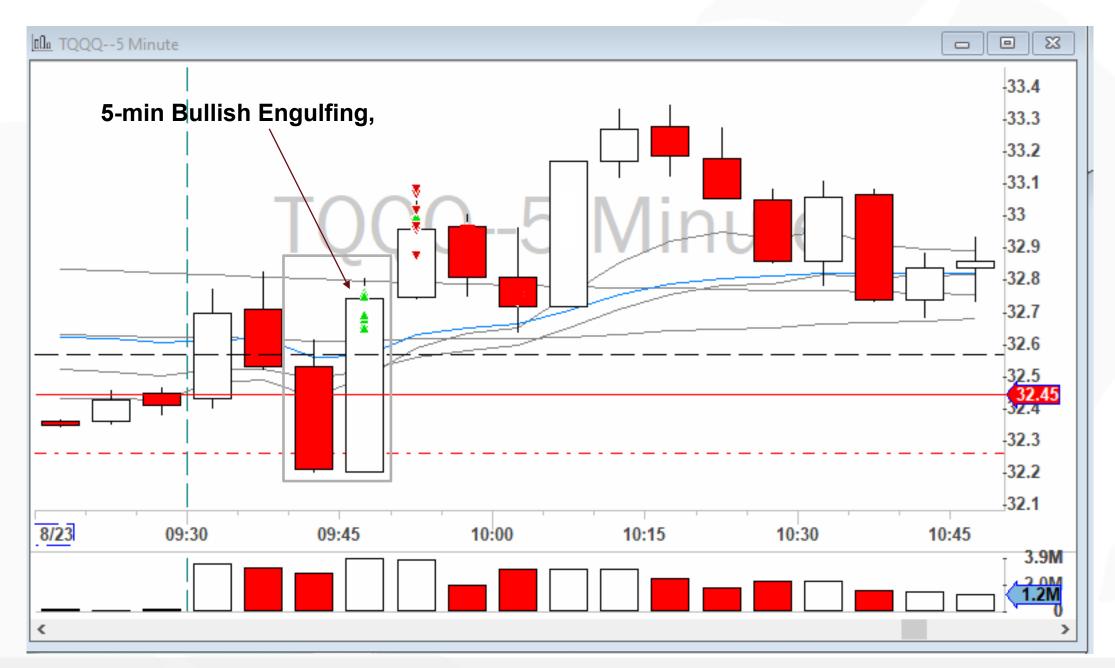
Example 3 Bullish Engulfing





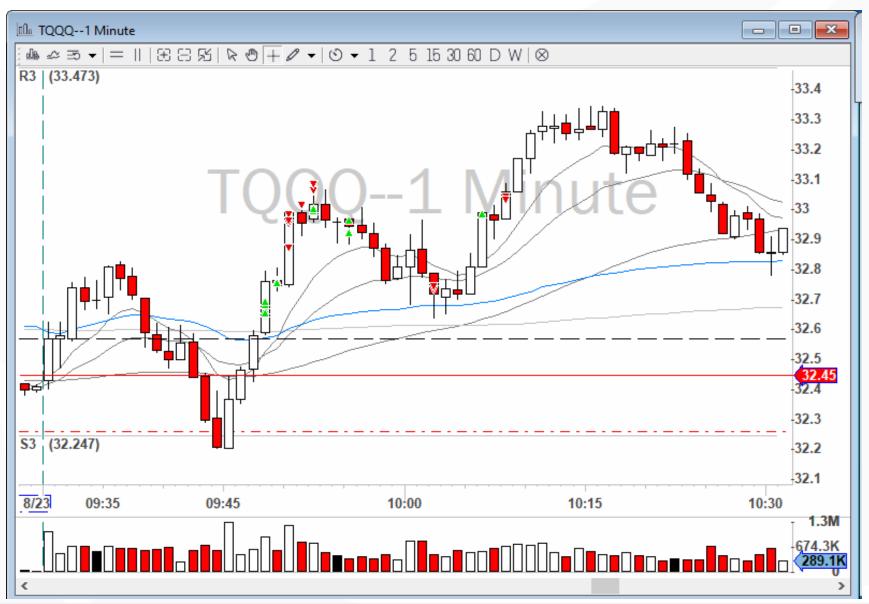








Bullish Engulfing (look at 1-min chart)





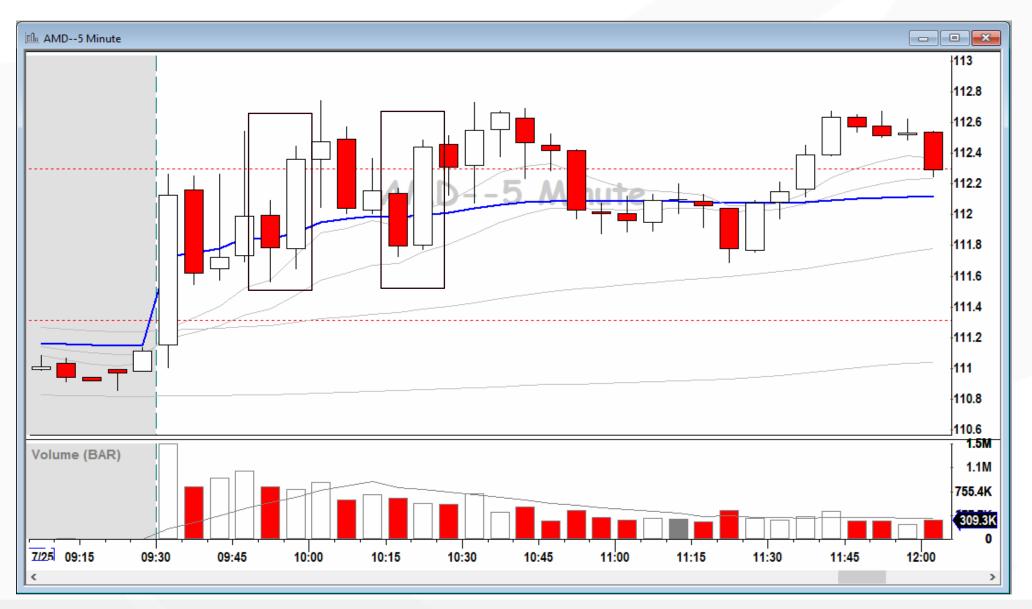


Bearish Engulfing 1-min chart





Are All Engulfing Cracks Tradable? 25 July 2023





Summary Day Trading Engulfing Cracks

- I look at Engulfing Patterns only in <u>5-min charts</u> at the Open 9:30-9:40am
- 1-min Engulfing may be meaningful if Candlesticks is <u>"big" enough</u>, otherwise, most 1-min candlesticks are choppy and can look like an engulfing

Bearish Engulfing Crack can be **short** under VWAP, with stop loss of <u>above</u> VWAP or <u>50% of previous candlestick</u>.

Bullish Engulfing Cracks can be **long** above VWAP, with stop loss <u>below</u> VWAP or <u>50% of previous candlestick</u>.

- This Strategy is also a form of 5-min Opening Range Breakout.
- Entry
- Look at 1-min pull backs if it is not too extended. See examples:

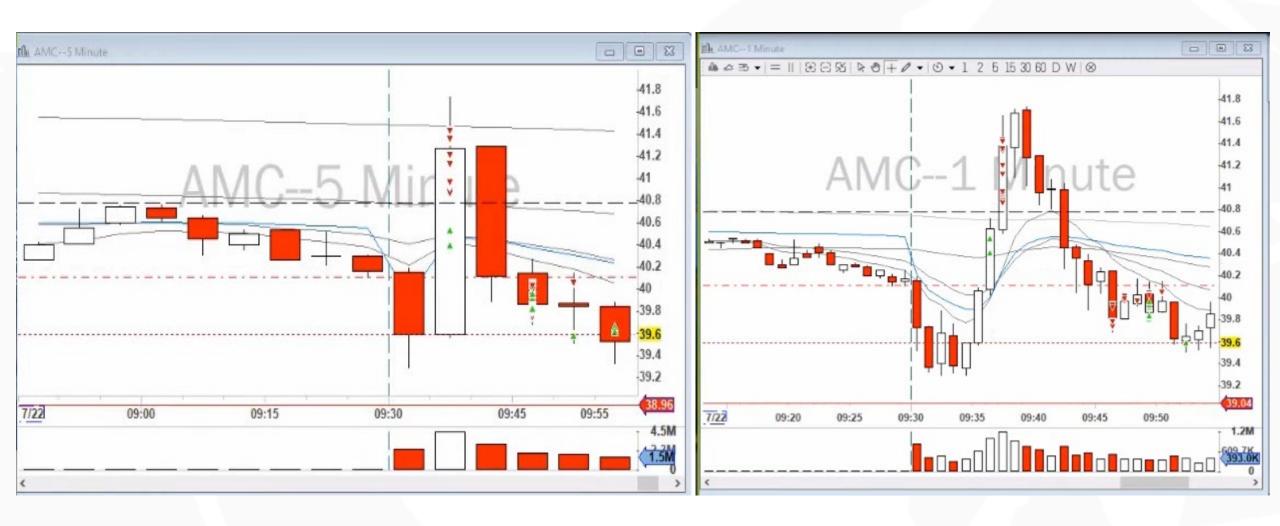


More Examples





More Examples AMC 22 June 2021





More Examples CCL 24 Nov 2020



More Examples NIO 18 Nov 2020

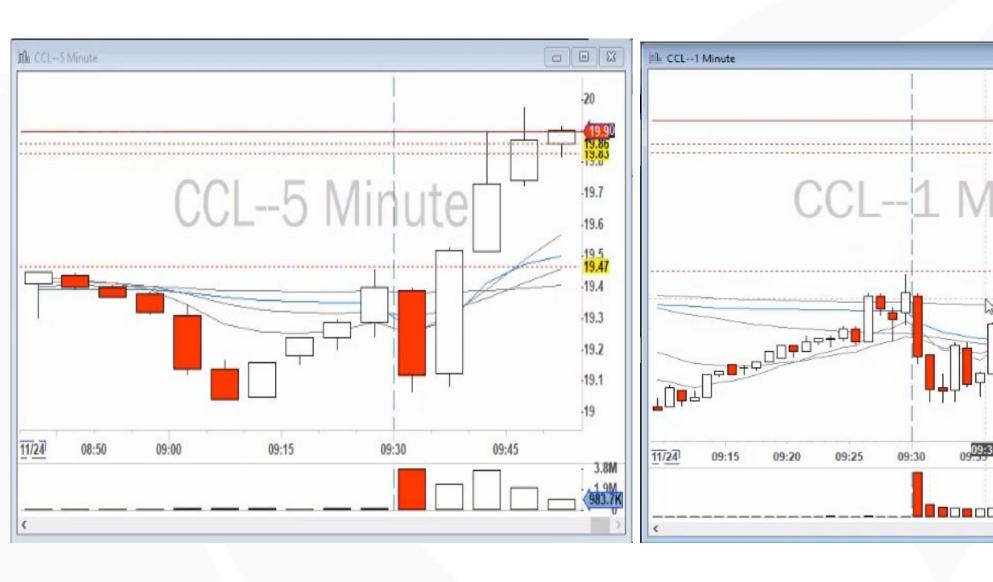


More Examples NIO 18 Nov 2020

Look at Level 2 Indicators Lets discuss Risk to Reward!



More Examples CCL 24 Nov 2020





09:45

19.65

2.0M

Example 7 July 2023



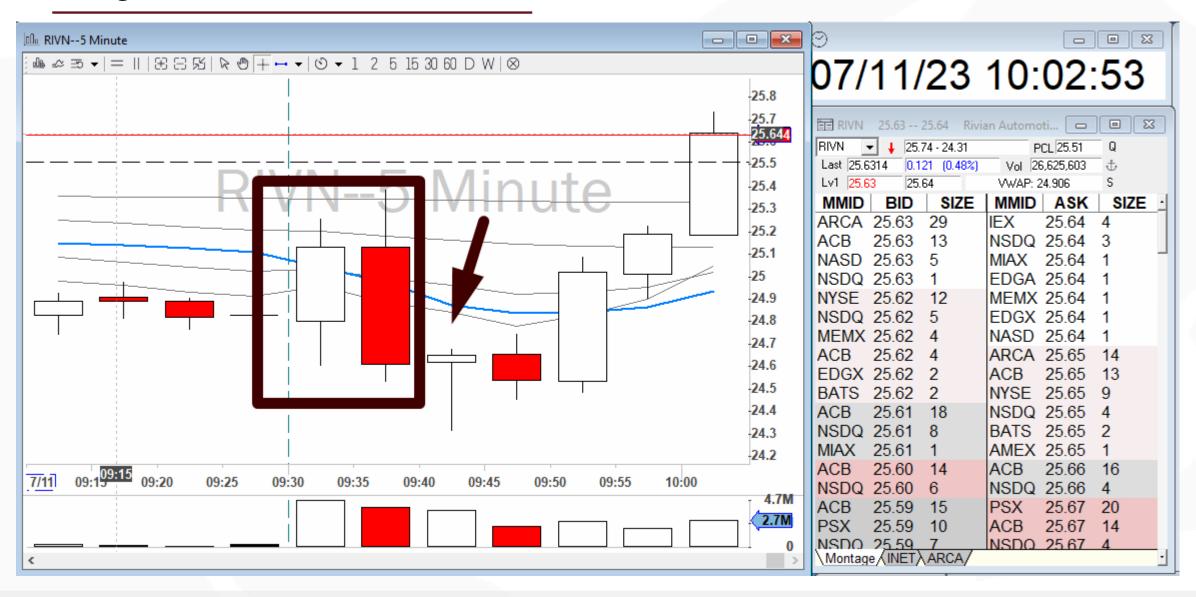
Example 7 July 2023

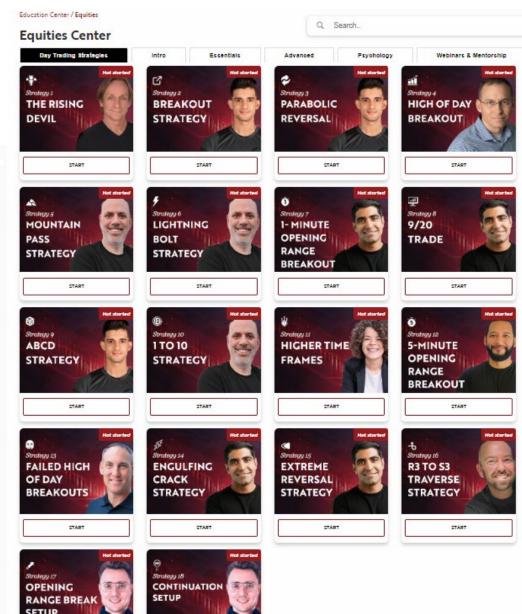


Example 7 July 2023



July 11 2023





How many day trading strategy exits?

Millions!

Each trader can defines their own strategy.

At Bear Bull Traders, we have developed over <u>17 strategies</u>.

Risk & Position Management: Using % / Thinking in Rs

- Amount spent when buying calls or puts = the most you can lose
- Goal is to never lose the amount of capital used for the position
- \$1,000 Cash Account
 - 10% risk = \$100 of buying power for contracts
 - Spend \$100 on 1 AAPL contract
 - -10% stop = -1% of full account / \$10 / 1R
 - 20% gain = 2% of full account / \$20 / 2R
- \$30,000 Margin Account
 - Amount of Capital above PDT = \$5,000
 - Risk based off of \$5,000
 - 10% risk = \$500 of buying power for contracts
 - Spend \$500 on 5 AAPL contracts @ \$100/ea
 - -10% stop = -1% of full account / \$50 / 1R
 - 20% gain = 2% of full account \$100 / 2R
- The Risk
 - High volatility: Price can move up and down much faster than the stock price (underlying asset)
 - Limited time: If it doesn't move quickly, time decay (i.e. theta) begins working against you



There are More Setups for Intraday Option Positions

- Breakouts
 - HOD/LOD break
 - PDH/PDL break
 - Range break
 - Trend break
 - Channel break
 - Pattern breaks
- Gap Fills
- Heavy bounces / rejections
 - Range extremes (i.e reversals)
 - Supply/demand zones



Summary

- Day trading options depends on your day trading strategy.
- · We introduced two-three day strategies.
 - ORB
 - . 9/20
 - Bullish Bearish Engulfing Cracks
- You can define your own strategy, test and back test it, and implement it.

Thank you

- Stay in Touch
- Andrew Aziz (Bear Bull Traders)
- X, Instagram, LinkedIn
- Andrew@bearbulltraders.com