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**For**

# ***Table of Contents***

**Technology**

1. [Trading Tools](#_Trading_Platform)
2. [Hotkeys/Buttons](#_Hotkey/Buttons)
3. [Journal Selection](#_Journal_Tools)
4. [Journal Criteria for BHOD Strategy](#_Journal_Criteria_for_1)

**Strategy**

1. [Trading Tenets](#_Trading_Tenets_1)
2. [Trading Rules](#_Extreme_Reversal_Aiman)
3. [Trading Framework](#_Trading_Framework)
4. [Trading Plan](#_Trading_Plan_(Strategy) BHOD Strategy
	1. [Money & Risk Management for BHOD Strategy](#_Parabolic_Reversal_(Aiman))
	2. [Trade Management for BHOD Strategy](#_Trade_Management_for)
	3. [Best Trade](#_Journal_Criteria_for)
	4. [Worst Trade](#_Worst_Trade)

**Psychology**

1. [Trader Personality Assessment](#_Trader_Personality)
2. [Performance Profile](#_Performance_Profile)
3. [Goals](#_Goals)

**TradeBook Edge**

1. [Edge Definition](#_Edge_Defined)

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#### **Technology**

#### **Trading Tools**

**Trading** **Platform**:

**Trading Scanners**:

**Broker**:

**Trading Desk:**

**Trading Community:**

#### **Hotkey/Buttons**

#### **Journal Tools**

**Microsoft products**:

**TraderVu/Chartlog**:

#### **Journal Criteria for BHOD Strategy**

**Trade Analysis**

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#### **Strategy**

#### **Trading Tenets**

#### **Trading Rules**

**Rule 1**: Day Trading is not a strategy to get rich quickly

**Rule 2**: Day Trading is not easy. It is a serious business, and you should treat it as such

**Rule 3**: Day Traders do not hold positions overnight. If necessary, you must sell with a loss to make sure you do not hold onto any stock overnight

**Rule 4**: Always ask, "Is the stock moving because the overall market is moving, or is it moving because it has a unique fundament catalyst."

**Rule 5**: Success in day trading comes from risk management - finding low-risk entries with a high potential reward. The minimum win:lose ratio for me is 2:1

**Rule 6**: Your broker will buy and sell stocks for you at the Exchange. Your only job as a day trader is to manage risk. You cannot be a successful day trader without excellent risk management skills, even if you are the master of many effective strategies.

**Rule 7**: Retail traders trade only Stocks in Play, high relative volume stocks that have fundamental catalyst and are being traded regardless of the overall market.

**Rule 8**: Experienced traders are like guerrilla soldiers. They jump out at just the right time, take their profit and get out.

**Rule 9**: Hollow candlesticks, where the close is greater than the open, indicate buying pressure. Filled candlesticks, where the close is less than the open, indicate selling pressure.

**Rule 10**: Indicators only indicate; they should not be allowed to dictate.

**Rule 11**: Profitable trading does not involve emotion. If you are an emotional trader, you will lose your money.

**Rule 12**: ….

**Trading Framework**

**Daily Stock Selection Criteria:**

**Daily Max Loss**:

**Daily Profit Goal**:

**Max 30 Day Loss:**

**Exchanges**:

**Additional:**

#### **Trading Plan (BHOD with Scanner)**

*Description*

**Time**:

**Indicators**:

**Confirmations:**

**Entry Signal**:

**Stop Loss**:

**Target**:

**Rules:**

#### **Money & Risk Management for BHOD Strategy**

**Trade & Risk Management Principle:**

**Risk Per Trade**:

**Profit Target Per Trade**:

**Max Loss Per Trade**:

**Trade Limits**:

**Time Constraints**:

**Stop Loss Mechanism**:

**Break-even Win%**:

**Scaling up Criteria**:

#### **Trade Management for BHOD Strategy**

**Removing Size from the Position Plan**:

**Adding to the Position Plan**:

**Stop Loss Moving Plan**:

**Seeking Realized Rate of Return**:

#### **Best Trade**

**Why was it your best trade**:

**What did you learn from the trade**

**How can you repeat the trade**

#### **Worst Trade**

**Why was it your worst trade**:

**What did you learn from the trade**:

**How can you prevent repeating the trade:**



#### **Psychology**

#### **Trader Personality Profile**

* Complete the Trader Personality Profile: <https://aware-profile.daytradingpsychology.com/>

#### **Performance Profile**

#### **Goals**

**GOALS (Specific, Measurable, Attainable, Relevant, Time-Based)**

|  |
| --- |
| ***Goal 1*: SMART Goals****S: Specific****M: Measurable****A: Achievable****R: Realistic****T: Timed** |
|  | Quarterly | Monthly | Daily |
| **Outcome Goals** | * These goals are targets that can be influenced by factors outside of your control
 |  |  |
| **Performance Goals** | * These goals are used to help you improve your own performance in specific areas
 |  |  |
| **Process Goals** | * These goals focus on strategy, emotional regulation, daily habits and any other processes you must go through to trade successfully or to meet your performance and outcome goals.
 |  |  |

**Technology**

**Strategy**

**Psychology**

**TradeBook**

**Edge**


#### **TradeBook Edge**

#### **Edge Defined**

**TradeBook Edge 1**:

**TradeBook Edge 2**: