

Jonathan F. Katz, Ph.D.

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Dr. Jonathan F. Katz is a licensed psychologist and founding partner of High Performance Associates (HPA), a specialized team of performance coaches whose mission is to enhance and maximize the performance of individuals and teams. As an HPA partner, Dr. Katz has served as the performance coach for a broad spectrum of clients in the sports, financial, and business world.

Dr. Katz was an Assistant Clinical Professor of Medical Psychology (in Psychiatry) at the College of Physicians and Surgeons of Columbia University. He also served as the Director of the Crisis Intervention Team and the Assistant Director of the Adult Outpatient Psychiatry Clinic at New York Presbyterian Hospital. He graduated summa cum laude from Connecticut College, where he was elected to Phi Beta Kappa. Dr. Katz received his Ph.D. in clinical psychology from the University of Missouri-St. Louis, where he wrote his doctoral dissertation in the area of sports psychology. He completed his clinical internship at New York University-Bellevue Medical Center.

In the financial world, Dr. Katz has worked as the in-house performance psychologist for a wide variety of institutions, including several prominent New York- and Connecticut-based hedge funds. Recent and ongoing work includes a trading-oriented long/short equity hedge fund; a hedge fund looking globally across capital structures and markets; a data analytic and research focused financial services holding company with expertise in the real estate, mortgage and related structure financial markets; and a proprietary trading and technology firm providing capital, trading applications, and infrastructure to manual and algorithmic traders.

Dr. Katz also serves as the in-house performance psychologist and trading coach for the Bear Bull Traders (BearBullTraders.com) online trading community.

As a sports psychologist, Dr. Katz has worked extensively with a variety of amateur, collegiate and professional athletes and sports teams, including the New York Rangers. He has worked with NBA and NHL players, major league baseball teams, top-ranked professional tennis players, and a variety of NCAA athletes and athletic programs. Dr. Katz was the Director of Sport/Exercise Psychology at Altheus, an advanced health and performance center in Rye, NY. He has also worked as the sports psychologist for Manhattan College's athletic department and men's basketball team, as well as the Miami Heat's developmental league team, the Sioux Falls Skyforce. Dr. Katz has also served as the sports psychology consultant for the University of Texas men's and women's tennis teams, including the men's 2019 NCAA Championship team. Dr. Katz continues to work with a number of junior, collegiate and professional athletes across a wide range of sports, and he is currently the in-house mental health advisor and performance psychologist/coach for Behind The Racquet (BehindTheRacquet.com) and the Behind The Racquet team.

Dr. Katz has been interviewed on local and national news and talk shows, and he has appeared as a guest on a wide range of podcasts.

He was a collegiate cross country runner and has been an avid marathon and ultramarathon runner.

Dr. Katz lives in Austin, TX and Cape Cod, MA.