MY TRADING PLAN

BEAR BULL TRADERS

MONEY AND RISK MANAGEMENT

- O I will risk $_____ or _____% of my account per trade.
- O I am allowed to scale up my size after being consistent for ___ weeks.
- O My daily profit target is $_____ or _____% of my account.
- O My daily max loss is $_____ or ___% of my account.
  - I have platform Risk Controls enabled: ☐ Y ☐ N
- O I am allowed to take a max of _____ trades per day.
- O My break-even win accuracy is _____%.
- O I stop trading or wind down when the clock reads:

`88:88`

STRATEGIES AND PATTERNS

- O I don't trade the first _____ minutes after the Open.
- O I trade stocks with at least _____ million share float.
- O I prefer to trade stocks with a price range of:

$_____ (min) $_____ (max)

TRADE MANAGEMENT

- O I take _____% off my position on each partial while exiting.
- O I move my stop to break-even after taking partials: ☐ Y ☐ N
- O I seek a realized return of _____ times the amount I risk (reward-to-risk ratio)
- O My stop losses are ☐ Mental ☐ Hard

- O My main setups are:
  _____
  _____
  _____

  See Playbook for More Info

SUCCESS

ACCOUNTABILITY

- O Following my plan is important since _____.
- O I can do this because _____.
- O When I feel like deviating from my plan I will: _____.
- O When I break a rule or violate my trading plan, the consequence will be
  : _____.

Date: _____.   Trader: _____.   Witness: _____.